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GUIDE

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TO REPRESENT  
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# A Note

FEBRUARY  
2023

## FROM THE EDITOR

**W**elcome to the February edition of the Redcliffe Guide. It is our first edition for the year and once again Redcliffe has a lot on offer to the community this month.

Read about two Redcliffe locals this month, Annelise Tevant and Natalia Balo and their incredible stories. Both are inspiring in very different ways.

The Moreton Bay Camping and Caravan expo hits the Peninsula on 17-19 February and there is sure to be something for everyone planning to hit the road in 2023. They also have some fantastic competitions so be sure to get your tickets.

February 14 is of course Valentine's Day and if you are looking for some lunch or dinner inspiration to celebrate this day with your Valentine, our dining guide has plenty on offer. Don't forget to call ahead and make a booking!

There are many more amazing community stories, gigs and events inside this month's pages, so grab a cuppa and sit back and enjoy.

If you have a story that you think the Redcliffe community would love to read about in the Redcliffe Guide, don't forget to drop me an email.

Until next month, happy reading!

# Contents

- 06 **LITTLE NELL TO TELL BIG SECRETS**  
Fans of the The Rocky Horror Picture Show will remember 'Little' Nell Campbell in her scene-stealing role as glittering 'groupie', Colombia.
- 08 **REDCLIFFE HOCKEY'S ANNELYSE TO PLAY IN WORLD CUP**  
Redcliffe Hockey Club player Annelise Tevant is set to represent Australia at the 2023 FIH Indoor Hockey World Cup.
- 14 **THE REAL-LIFE ANIMAL WHISPERER**  
Holistic Animal Health Coach Rommie Buhler has the answers to the questions on every pet owner's mind.
- 48 **DINING GUIDE**
- 44 **NEW! WHAT'S ON**  
FEBRUARY Gigs & Events
- 64 **TRADES AND SERVICES**

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# LITTLE NELL TO TELL BIG SECRETS

STORY **ALYSSA MACKAY**

**F**ans of the *The Rocky Horror Picture Show* will remember 'Little' Nell Campbell in her scene-stealing role as glittering 'groupie', *Colombia*.

On 4 March, Nell will appear live on stage at the Redcliffe Entertainment Centre in a one-woman 'confessional' produced by Christopher Wayne.

She will share photos from her personal collection and divulge behind-the-scenes stories about her infamous New York nightclub, *Nell's*, and of course, *Rocky Horror*.

"While we were rehearsing the show, the director, Jim Sharman, thought there should be a dance song in it, so he asked Richard (O'Brien) to write a song," Nell said. "I used to busk at the time in between shows and rehearsals, so he knew I tap danced. He went home and literally

the next day came back with *The Time Warp* and he had the tap break for me – it was so novel at the time for someone to tap dance."

Nell said the greatest thing about *Rocky Horror* has been its profound effect on the LGBTQ+ community.

"That has been the most wonderful, unexpected delight of the whole thing – of the play, the show and the film," she said. "The film still seems to be of great benefit to young people, if it's their sexuality or if they want to cross-dress, it just brings people together."

Nell's nightclub opened in Manhattan in 1986, after successful restaurateurs Keith McNally and Lynn Wagenknecht asked Nell if she wanted to join them in their new enterprise.

"I said yeah, because I say yes to everything," Nell said.

Guests included Bob Dylan, Sting and Andy Warhol. According to Nell, the venue was designed to have an atmosphere like an old-fashioned, London gentleman's club.

"We only added a dance floor towards the end, because the hours were 10pm to 4am and I realised I wouldn't be able to stay awake that long without being able to dance," she said.

Nell credited the "two iconic aspects" in her life – *Rocky Horror* and *Nell's* – as being "pure luck".

"I was just extremely lucky that Jim Sharman saw me busking and he heard about me and he offered me that job," she said. "That was an opportunity that landed in my lap and the same for doing *Nell's*. Both of those opportunities had a lot to do with my personality, not necessarily my talent."

Nell's dazzling personality will have audience members captivated by every moment of the show.

"I really look forward to coming to Redcliffe and checking it out," she said.

*Tickets start at \$49. Dust off your sequins and book tickets by going to [www.redcliffeentertainmentcentre.com.au](http://www.redcliffeentertainmentcentre.com.au)*

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## REDCLIFFE HOCKEY'S ANNELISE TO PLAY IN WORLD CUP

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

**R**edcliffe Hockey Club player Annelise Tevant is set to represent Australia at the 2023 FIH Indoor Hockey World Cup.

The 18-year-old has been selected for the Australian Women's Indoor Team for the tournament, which starts in South Africa on 5 February.

Annelise said she was very excited to be part of the team and had been busy with training sessions.

"It is an amazing opportunity to go out and play against the best in the world," she said.

Australia Women's Indoor Hockey Head Coach, Mark Sandhu said the quality and depth of the squad was the best it had ever been, which made the final stage of selection extremely tough.

"This is a strong team that combines experience with up-and-coming talent to give us the best chance of success at the World Cup," Mark said.

Annelise said she hoped the team would come away with the gold medal.

"I am hoping to achieve a goal of lifting my game to that extra level and doing all I can to represent my country proudly – and making everyone who has supported me along the way proud," she said.

Annelise, who has been playing hockey since she was six, said some of her major achievements included making the 2022 Hockey Australia Women's Futures (U18) Squad and being named as a shadow player for the Jillaroos (U21) Domestic Series.

She has played with the Redcliffe Hockey Club for the past three years.

"My experiences with Redcliffe Hockey have been very fun, enjoyable and exciting," she said. "They have been super supportive with the hours of travel I was required to do from Maryborough (my home town) to Redcliffe every Wednesday and Friday for training and games."

Last month, Annelise represented Queensland at the Indoor Hockey Championships.

"I just love the excitement and thrill of hockey, the fact you can always find new and creative ways to score and play," she said. "I also love the community and the friendships you make along the way."

"My goals in the future are to progress with my skills and enthusiasm to play outdoor hockey at the highest level, like the Olympics and Commonwealth Games."

Every match of the FIH Indoor Hockey World Cup 2023 will be streamed on Watch.Hockey



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# Redcliffe Museum's Backyard BBQ & Family Fun Day

STORY **KELLY WALKER**

**G**et ready for some family fun at Redcliffe Museum's Fun In The Shade backyard BBQ summer event. The event ties into the museum's newest exhibit, **The Great Aussie Backyard**, and is also an extension of **Moreton Bay's Hot Hot Hot Festival**.

Kerry Griffiths, Heritage and Museums Coordinator for the Redcliffe Museum, Pine Rivers Heritage Museum and Bribie Seaside Museum, said she expects the event to be both educational and engaging, as well as a lot of free, family fun.

"It's going to be a really great day," she said. "We'll have a BBQ, free native plant giveaways, and a chance to get up close to some of our scaly and friendly Aussie animals as Wildlife Unleashed will be facilitating an informative show and tell with some of Australia's favourite creatures."

The day will also include some very special guests sharing their thoughts on how to protect our beautiful Australian environment. Author and Professor, Steve Turton, will be attending the event to share his insights on how South East Queensland might survive the climate crisis. As well, Friends of Lagoon Creek and Lagoon Creek

Community Nursery will be joining in to educate guests about a great variety of native flora and the positive roles we can all play in restoring biodiversity within the environment, starting right in our own backyards.

"Native plants play an important role in backyards and residential areas," Kerry said. "They help protect native vegetation, create and restore natural habitats for wildlife, and promote biodiversity. They are also well-suited to our often harsh Australian weather conditions, and can be established easily and quickly in your own yard."

Kerry hopes that the event and current exhibit will inspire visitors to make their own outdoor spaces enjoyable for their families while simultaneously being hospitable for native plants and animals.

"Guests can explore ways to make their own backyards a safe place for wildlife and for their families to grow and play," she said. "We want to spark discussions and ideas around the past, present and future and how we can all live more sustainably and celebrate our beautiful region."

Gather the family and grab a picnic blanket, hats and sunscreen and head down to the Redcliffe Museum to enjoy free food, plants, games, music and fun! For more information contact (07) 3480 6700 or Redcliffe.Museum@moretonbay.qld.gov.au.

**Fun In The Shade**  
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**Redcliffe Museum**  
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## WHAT'S HOT AROUND TOWN



# REBEL REBEL

## THE BOWIE ANTHOLOGY

STORY **NADIA CHAPMAN**

**If you always wished to see David Bowie live in concert, wish no more, with the new Rebel Rebel: The Bowie Anthology event making its way to Redcliffe.**

Vocalist Whalen Hughes is coming to the Redcliffe Entertainment Centre on Friday, 10 February, for a captivating live concert recreating the iconic sound of David Bowie.

The performance will be set in a rockumentary

format, showcasing the life and music of Bowie.

With an exceptional live band and visually spectacular stage show, Whalen Hughes will perform from Bowie's 1969 release "Space Oddity" to his last album "Blackstar."

The audience can expect to hear all of Bowie's classic hits, including "Starman," "Changes," "Ashes to Ashes," "Ziggy Stardust," "Golden Years," "Fame," and "Let's Dance," to name a few.

*Bookings are essential, and tickets start at \$69 pp.*



**The Shania Twain Show is coming to the Redcliffe Leagues Club on Friday, 3 February, with a dazzling two-hour stage concert.**

Locals can expect to hear Shania's greatest hits, including "Man! I feel like a woman!" "Rock this Country," "You're Still the One," and "That Don't Impress Me Much," to name a few.

The Shania Twain Show offers a lavishly-costumed stage performance, replicating some of the same outfits Shania popularised, including the leopard print cape and hat boxes. The professional band will perform two 50-minute interval sets with a 20-minute intermission.

*The event is entirely free, so make your way down to the Redcliffe Leagues Club.*



**If jamming out to some classic rock on your Saturday night is up your alley, this next event hitting Redcliffe will entice you.**

Early Onset will perform at the Bramble Bay Bowls Club on Saturday, 25 February, bringing intense rock to the Peninsula.

The Brisbane-based, four-piece band, comprising Gav, Evan, Chris, and Darren, have touring experience across Australia but are now settling down to play classic pub rock and having fun.

Locals can expect to hear a range of bands covered, including Paul Kelly, The Angels, INXS, Green Day, and Foo Fighters.

*Early Onset will perform from 7pm onwards.*

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# THE REAL-LIFE ANIMAL WHISPERER

STORY **PIPER ZUINO** PHOTO **PETE JOHNSON**  
PHOTOGRAPHY

**H**ave you ever looked at your pet and wondered: what on earth are they thinking? Holistic Animal Health Coach Rommie Buhler has the answers to the questions on every pet owner's mind.

Rommie works as an Animal Communicator through intuition and has written a book that transforms real-life, practical advice into a variety of entertaining stories with fictional stories and characters based on real-world problems.

Writer of *Animals Speak* and Holistic Animal Health Coach Rommie Buhler said that she wants people to understand their animals better to understand how they can provide support around anxiety, nutrition, disease, pain and sadness.

"As an Animal Communicator, I sit as the conduit between the animal and their person. I ask their animals that never-ending list of questions that arise with their animals' health, strange behaviour, nutritional disorders, emotional problems, etc and I work to find a solution for them," she said.

"There are a number of problems I see show up time and time again and I have selected some of these to share in story form—from the perspective of the animal, the animal's person or that of the animal communicator."

Rommie is based in the Redcliffe Peninsula and has noticed how many people in the area have pets. 69% of households have pets - there are 29 million pets in Australia.

"That is a lot of animals needing better care and that is a lot of people that need help when they flounder with what to do with their sick, naughty, anxious, aggressive animals," she said.

"This book has been written based on not just the thousands of clients I've had over the years but also my own "bad pet parenting" through lack of knowledge and understanding. The stories and characters themselves may be fictional, but they are based on real problems I see."

The highlight of Rommie's job is watching the relationship transform between animals and their people after they can understand what their pets are saying for the first time.

"I am on a mission to educate, inspire and motivate people that have animals in their life to uplevel their relationship with them, to be more present with them, to communicate with them so you both understand each other and to love them into living a long, happy, engaged and meaningful life."

*The book was officially launched on Sunday 29 January.  
To purchase a copy of Rommie's book go to her website:  
[www.rommiebuhler.com](http://www.rommiebuhler.com)*

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# A WORD FROM OUR REPRESENTATIVES

**H**appy new year Redcliffe! The 2023 academic year is now underway. I wish to thank our local teachers and school staff for their excellent work educating our young people.



WITH **YVETTE D'ATH MP**

Returning students at Clontarf Beach State High School will now notice the works underway for the Elizabeth Avenue Overpass. This overpass will allow students, teachers, and the general public safe passage across Elizabeth Avenue. This infrastructure was funded through the

Road Safety Program and is in line with a coroner's recommendation for Queensland's split campus schools. The funding for this road safety treatment has also funded important koala fencing in line with the MBRC koala management plan, LED warning signage and the planting of more than 250 koala food and habitat trees.

The community will also see the site of the Sutton Street housing project commence, with 82 new homes for over 55's which will be completed in 2024. The building has been designed to meet the needs of older people and support a healthy and active lifestyle. I am also pleased that the property will have a live-in caretaker and will support 90 construction jobs.

*If you have any State issues or queries, please reach out to my office via telephone on 3448 7100, email at [redcliffe@parliament.qld.gov.au](mailto:redcliffe@parliament.qld.gov.au) or visit us on Level 1, Bluewater Square Shopping Centre."*

**N**ow has never been a better time to take a Summer stroll thanks to Council's new Art At Large: Foreshore Footpaths program that has brought colourful public artwork to our doorstep.



WITH **CR KARL WINCHESTER**

Council commissioned nine local artists to create site-specific temporary public artworks for nine footpaths that skirt the shoreline of Moreton Bay. The Art At Large: Foreshore Footpaths program perfectly brings together the community's love for original artworks where people enjoy

exercising or spending their recreation time on the bay and in the many parks along the shoreline.

From Bongaree to Deception Bay, Scarborough to Woody Point, the nine original artworks explore the diverse ecosystems, built environments, vistas and experiences of being on the bay.

It not only makes our region a more vibrant place to live and visit, but the program is also a great opportunity for local artists to add a professionally commissioned temporary artwork to their portfolio. Each artist has their own unique response to the Moreton Bay foreshore and you can scan the QR code at each artwork to discover the story behind their work.

*For further information please visit [www.moretonbay.qld.gov.au/Services/Arts-Culture-Heritage/Art-At-Large/Foreshore-Footpaths](http://www.moretonbay.qld.gov.au/Services/Arts-Culture-Heritage/Art-At-Large/Foreshore-Footpaths)*

**W**elcome to 2023. It feels as if the years are getting shorter and shorter as we march full steam ahead into 2023.



WITH **LUKE HOWARTH MP**

I have always made it my highest priority to be as visible and active in the community as I can, and this year I am ramping things up, creating as many opportunities as possible to connect, collaborate and celebrate with the people of Petrie. So make sure to keep an eye out for those.

Australia Day proved once again that our nation's strength lies in the successful blending of our Indigenous heritage, our British inheritance, and our multicultural achievement. I am proud to be Australian and will continue to take a stake in the future of Australia.

No matter what 2023 throws our way, of this I am sure – we are a resilient bunch - and I have faith that together we can shoulder the responsibility we have to each other and to our community.

*My office is here to assist with any enquiries you might have so please don't hesitate to get in contact via [luke.howarth.mp@aph.gov.au](mailto:luke.howarth.mp@aph.gov.au) or phone 3284 8008.*





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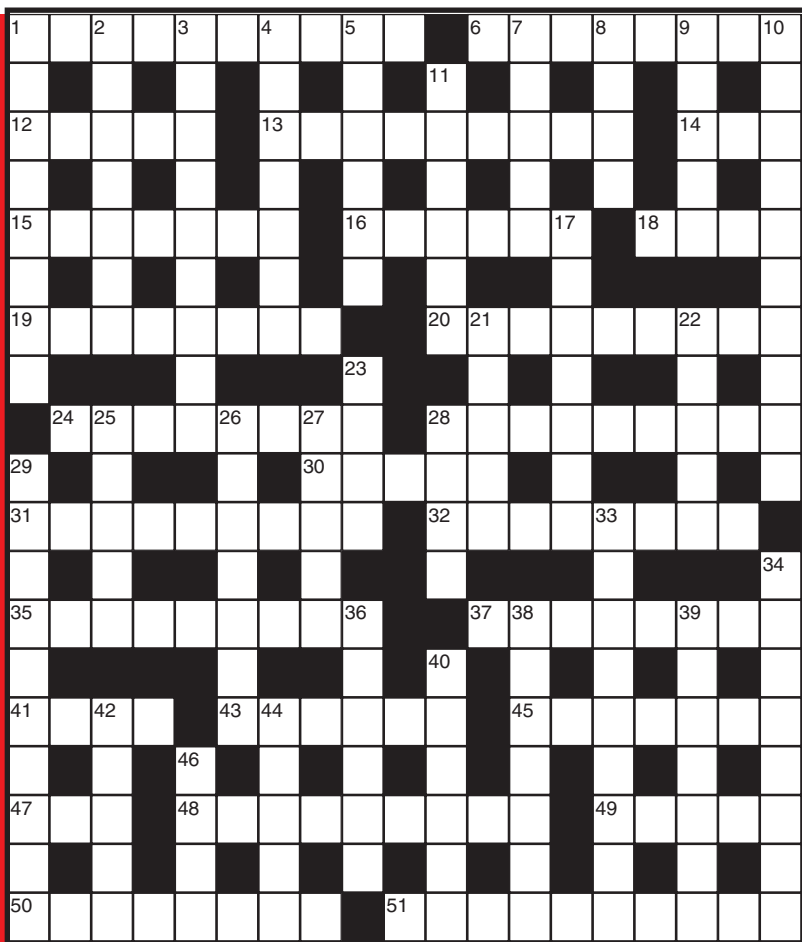
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- 6 Boxed
- 12 Heavy pole for tossing
- 13 Sprout
- 14 Spoil
- 15 Gets involved (5,2)
- 16 Seepage
- 18 Twinge of pain
- 19 Logical
- 20 Job candidate
- 24 Febrile
- 28 Conduct
- 30 Discoverer of radium
- 31 Long, thin, high heels

- 32 Needle craft
- 35 Baking dish
- 37 Noisy miner, eg
- 41 Louts
- 43 Restaurant (coll)
- 45 Non-existence
- 47 Some
- 48 Nomadic
- 49 Cuban dance
- 50 Tradition
- 51 Discarded cargo, etc

## DOWN

- 1 Lineage
- 2 Undermine
- 3 Accurate flywheel
- 4 Reddish purple
- 5 Slim
- 7 One more time
- 8 Bodily joint
- 9 Third Greek letter
- 10 Disparaging
- 11 Italian town square
- 17 Chivalrous
- 21 Clean feathers
- 22 Embellish
- 23 So

- 25 Wicked things
- 26 Former worker
- 27 Frown
- 28 Motorcycle
- 29 Mental patient
- 33 Valuable things
- 34 Drawn without a guide
- 36 XI
- 38 Foursome
- 39 Relation
- 40 Whirl
- 42 Entrance hall
- 44 Imitating
- 46 Slant

**Solution: Page 20**

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## GOOD MENTAL HEALTH

# Why is sorry so hard to say?

**A**s a therapist, I have seen people withdraw from others, often for years, because they feel an apology is due because of another's words or an event that occurred. However, while waiting for the apology, close connections can erode and bitterness can set in.



WITH **TANYA FISHER**

Apologising occurs when we become aware that we may have, intentionally or not, hurt someone. At the end of the day, it becomes more than who was wrong or right, it's about a reconnection of a relationship. Sometimes we need to apologise because it's time to drop the struggle.

Here are four tips for apologising:

1. At the most basic, what you are doing is taking responsibility for your actions and/or their impact on another. This can often be hard but remember your apologising because you offended the other person not necessarily for your point of view.
2. Be sincere. Let the other person see you are genuine, and that you regret the situation and the impact it has caused.
3. Know that it can feel uncomfortable to say sorry and put yourself out there.
4. You do not own what the person does with your apology. Some people will accept your apology and you can move forward together, other people may not.

Keep the apology simple and start with I. You might choose to say something like - I am sorry that my words hurt you, that was never my intention.

An apology alone might not fix the conflict, but it can go a long way in soothing the injury that our actions or words have caused another and isn't that worth the risk?

*For more information or assistance contact Tanya at [redcliffecounselling.au](http://redcliffecounselling.au)*

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ABORIGINAL ART

## THE BIG ONE CROSSWORD ANSWER KEY

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C	A	B	E	R	G	E	R	M	I	N	A	T	E	M	A	R	
E	V	O	E	R	A	I	E	M	O								
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H	E	R	I	T	A	G	E	J	E	T	T	I	S	O	N	E	D

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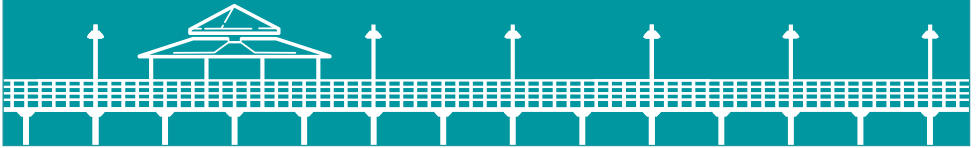
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Loviisa, Adeline and Maxwell receiving their bikes from Variety and Australia Post Blue Water Square

# Kids find freedom on two wheels

STORY **BROOKE JACOBSON**

**C**hristmas came early for some deserving Redcliffe children late last year thanks to Variety, the Children's Charity.

Three children received brand new bikes as part of the Variety Bikes for Kids Program.

Speaking to the Redcliffe Guide, Variety's Kellie Turner said the program had been made possible through the support of local donors. "Bob Kinsella has been doing the Variety bash for 15 years, and Deb Hurst who works for Australia Post, have been so supportive," she said.

"In the last three years, the amazing Deb has nominated Variety in the Australia Post Community Grant in which we have been successful, and all funds have provided over 12 bike packages for children in the Moreton Bay region.

"These community funding grants allow us to give back to communities right around Queensland."

All the children were eager to take their bikes down to the pier and boardwalk to go for a ride and spent a lot of time planning their next adventures.

Loviisa, aged 5, said she was so excited to receive a bike. "I can't wait to go riding around the park," she said.

Adeline, aged 7, had much the same idea. "I'm going to ride around the playground," she said.

Maxwell, aged 7, simply said how grateful he was. "Thank you, Variety, and Australia Post," he said.

Ms Turner said having a bike could make the world of difference to a child. "For them, it's freedom," she said. "And it can also take the pressure off families, as it means they can ride to school. And they can engage with their friends after school as well – there's so many beautiful bike paths around Redcliffe.

"The children who have been the recipients of these bikes have also demonstrated great leadership in the classroom, kindness on and off the playground and the eagerness to provide something great to the community."

Variety run numerous programs and events across Queensland to support kids who are sick, disadvantaged or living with a disability. Some of the events coming up this year are inclusive sports days and a music camp for visually impaired children.

"These kids were so excited to receive their bikes, and thanks to our supporters we were able to give them and their families a beautiful gift," Ms Turner said.

*To donate to Variety, or learn how you can be involved, please go to: [www.variety.org.au/qld](http://www.variety.org.au/qld)*



## Lions Sunday Markets

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WITH **BRAD FLYNN**

**T**he most successful entrepreneurs, sports people, artists, and any other form of vocation are the ones who have generally made the most mistakes...then learned from them.

Michael Jordan is quoted as saying...

**“** Twenty-six times I've been trusted to take the game-winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed.”

So why do we generally recoil from making mistakes or being wrong when there is such an opportunity?

We have an education system that is based around passing tests and being right more than we are wrong. Our teachers do an extraordinary job, don't get me wrong, but are we programming our kids with it's not OK to make mistakes with the current paradigm for education?

This then flows on to the greatest human fear, worrying about what other people will think, thus not taking any action to save embarrassment of being wrong. It is no mystery that many successful entrepreneurs in history were not good at school. They didn't fit in and thus helped the human race to evolve with their out of the box thinking.

My suggestion is to put yourself out there, make some mistakes, you can't cook an omelette (build a great business) without breaking some eggs (making some mistakes).

For more information visit [www.businessmentored.com](http://www.businessmentored.com)



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# Luke HOWARTH MP



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Authorised by L. Howarth, Liberal National Party of Queensland, 40 Hornbrook Esplanade, Clontarf QLD 4019.



## LOCAL FACES

STORY **RICHARD LANCASTER**

**R**edcliffe local Dr Natalia Balo, an Australian citizen who migrated from the Ukraine in 1995, is an acknowledged world renowned avian artist.

She recently achieved further fame with her bestselling pictorial book *Bird Anatomy for Artists* being featured in the CSRIO's prestigious book *Feather and Brush - A History of Australian Bird Art* by Dr Penny Olsen.

Notwithstanding her artistic success, being a native Ukrainian, Natalia has witnessed the destruction of her native Ukraine with a sense of increasing alarm. For this reason, she was determined to assist the Ukrainian refugees fleeing from their war torn homeland to Australia, in any way she could.

So she volunteered to serve as an interpreter with the Australian Translators and Interpreters Service, who provides much needed language interpretation assistance to newly arrived refugees from all over the world. She completed an interpreting course with the Royal Melbourne Institute of Technology.

"In doing this work, I have heard so many horrible stories from these homeless refugees. They relate stories of the depravity, the cruelty and the barbarism meted out to them by Russian soldiers. Watching the destruction of their homes and wondering whether they will ever return, breaks my heart," says Natalia.

"However, all are extremely grateful to the Australian community for their generous support and help."

Whilst she prays that this terrible war will end soon, she is determined to carry on with her interpreter's work for as long as it's needed.

# PODCAST OF THE MONTH

## 'Parenting Hell' Podcast

PODCAST REVIEW **NICK ALLFORD**

**H**ow did you parent during Covid? Like many of us you probably had to change your approach quite drastically, home schooling, no playdates and more than a couple of blocks of chocolate (or cases of wine) to see you through.

Well, a problem shared is a problem halved and when English comedians Rob and Josh started whining to each other during lockdown they realised that they weren't alone. Feeling much better hearing from someone who had a worse day than them. So, they started a podcast where they could share stories and tips with celebrity mates and listeners and more importantly laugh at the misery of others.

Although born from their time during Covid lockdown, the podcast has evolved to cover more general parenting topics and share some of the hosts' funnier parenting pratfalls.

You may recognise them from 'The Last Leg' or my favourite '8 Out of Ten Cats Does Countdown'. Their self-deprecating sense of humour and fast wit help make a subject that could otherwise be quite dry – funny and insightful.

All jokes aside, parenting can be hard, no matter how good your kids are and if you're looking for someone to share the pain and the laughs, Rob and Josh make perfect company.

So listen/watch it now, wherever you get your podcasts.

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REDCLIFFE OKTOBERFEST  
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## Trivia Night hosted by Redcliffe Mums Inc.

Raising money for underprivileged kids

**S**ince 2017, Redcliffe Mums has been raising money to support underprivileged kids on the Redcliffe Peninsula, Rothwell and Deception Bay.

On February 18, Redcliffe Mums are hosting a trivia night to help kick start fundraising for 2023. People are encouraged to come along for a fun night out while helping and supporting the local community.

Trish Hassum, treasurer of Redcliffe Mums, said that all funds raised through events and auctions will go towards giving kids in need the same opportunity as their peers.

"These events are how we raise money to help underprivileged children get essential school items and support them in their time of need, plus it's a really fun night," Trish said. "The money raised goes towards school uniforms, book packs, textbook fees/school levies, hats,

shoes, jumpers, camp fees, excursion fees.

"Anything that allows them to have the same opportunities as their peers as well as helping those in the community that are less fortunate."

As of the end of January, Redcliffe Mums will have donated over \$20,000.00 in money and goods to the local schools' disadvantaged children and were recently recognised by Moreton Bay Regional Council who gave them a grant totalling \$1,934.

**Redcliffe Mums Trivia Night**

**The Deception Bay Club**

**32 Bayview Terrace**

**Deception Bay**

**Saturday February 18 Cost: \$10.00 per ticket**

*Limited tables so bookings are essential.*

*For more information on how to donate to Redcliffe Mums Inc., or to find more information about events, visit their Facebook Page @redcliffemums or email redcliffemums@gmail.com*

*People wanting to donate prizes for the trivia night, or to book a table, call or text Trish on 0438 747 162. Donations can be dropped off at 19 Dalton Street Kippa-Ring.*

# *Land'Escapes: Barbara Vivash and Lee FullARTon*



**Redcliffe Art Society  
Old Fire Station Gallery**

**18 January 2023 - 12 February 2023**



Meet the artists  
at the  
**Official Opening**

**21 January 2023 Commencing 1pm**



Redcliffe Art Society Inc. @ the Old Fire Station, 395 Oxley Ave Redcliffe Q 4020  
Gallery open from Wednesday to Sunday 10am—3pm: Entry FREE



## ***Taste of Synesthesia***

**By Dagmar Maini**

**With special guest Greg Lang**

**At the Redcliffe Art Society - Old Fire Station Gallery**

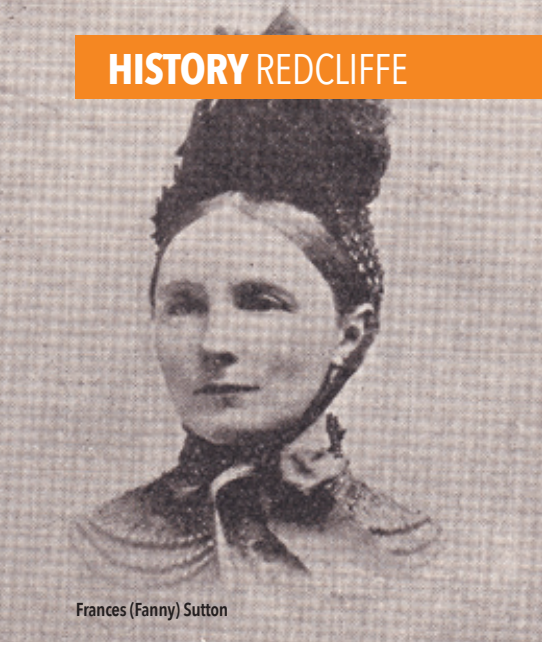
**15 February 2023 - 12 March 2023**

**Official Opening  
18 February 2023  
commencing 1pm**

**Provoking new undiscovered  
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interpret and experience art**



Redcliffe Art Society Inc. @ the Old Fire Station, 395 Oxley Ave Redcliffe Q 4020  
Gallery open from Wednesday to Sunday 10am—3pm: Entry FREE



Frances (Fanny) Sutton



On the Vimiera. John and Fanny 4th and 5th from left.

## FAMILY MATTERS: THE OTHER SUTTONS

STORY **PATTIE TANCRED**

**H**ow many Redcliffe place names commemorate the Rev. John Sutton? A few spring to mind: Suttons Beach, Sutton Street, Sutton House. The Sutton name, though, equally attaches to John's wife, Fanny, and his children, about whom less is written.

Fanny, baptised Frances, was the daughter of Ralph Edward Godschall Johnson, a widower, who came to Queensland in 1854 with his two eldest sons, Ralph Cholmondeley and Charles, leaving his remaining family behind. In 1860, Johnson, having been appointed Assistant Clerk to the Legislative Assembly at a salary of 300 pounds, was in a position to reunite his family. He sent for his remaining children, Ellen, Frances, William and Frank, who sailed from London on the Vimiera, arriving in Brisbane in early September.

Also on the Vimiera was a party of bachelor clergymen destined for the Anglican ministry in Queensland. Among these gentlemen was the Rev John Sutton, then aged 42. Evidently over the long months of the voyage something warmer than an acquaintanceship developed between the 18-year-old Fanny and the Rev John because soon after they disembarked in Brisbane he visited Fanny's father to seek approval for an engagement. They were married in February 1861 and moved to Gladstone where John was tasked with establishing an Anglican parish. In 1863 they were back in Brisbane where John served as rector at St John's, William Street. In 1882, the family moved to Redcliffe where John had considerable land holdings and where they had built a small holiday house.

Fanny and John had 11 children, of whom three died in infancy. Their eldest daughter, Violet, died in 1888. After the move to Redcliffe, the younger children attended the newly-established Humpybong school. First to enrol was 11-year-old John Francis Cholmondeley (no doubt named after his maternal uncle). He was one of several Humpybong old boys who served in the First World War.

John and Fanny built a grand family home, called Hurley House (later Sutton House), to replace their original cottage. The house became a social focal point, with daughter Florence reported in 1894 as hosting a "little Assembly ball ... productive of much amusement". In 1901, Florence celebrated her marriage to the Rev Herbert Beasley there.

John died in 1897 but Fanny continued to live at Hurley House with Florence and Herbert for a number of years. She died in 1909, fondly remembered as "Granny Sutton" and beloved by family and friends.

*With thanks to MBRC ourstory.moretonbay.qld.gov.au. Photo courtesy of Redcliffe's 160 Years by Leslie E Slaughter.*

## REDCLIFFE



### FLOAT THERAPY

Float therapy involves floating in water heated to match your body temperature with a high concentration of Epsom salt. This combination helps your body enter a deep state of relaxation, so your brain can enter a place of rest and repair.

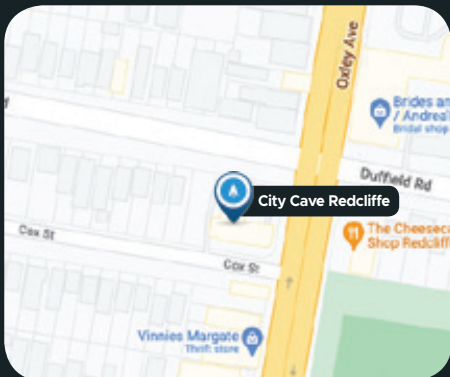
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# Food Art!

WITH GABRIELLE TURNBULL

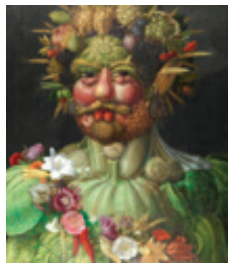
**F**ood and art - two of life's great pleasures but also necessities for a full life. One being nourishment to keep the body and brain ticking over. The other provides sustenance for the heart and soul. What a grim and short existence it would be without them. Recently, at Art So Lively Art Academy, we recognized a strong link between food and art reaching back to earliest times.

Stone Age artists used food to depict food. Using animal blood and fat to bind plant pigments, they depicted the animals they hunted. Perhaps the purpose was to bring the image to life as food.

Egyptian artists wove spiritual expression with artistic expression ensuring all the foods needed for a good life after death were represented in an important person's tomb. Roman artists helped society truly celebrate food and wine with Bacchus, God of Wine and Ceres, Goddess of Grain featuring alongside culinary delicacies in many household frescoes.

Illustrations in medieval manuscripts provide detailed snapshots of this era's food culture - both preparation and consumption. Often there was a biblical moral attached, such as gluttony is a sin.

In Renaissance times, food continued to be a significant subject for artists. The standout for me is 16th century Italian painter, Guiseppe Arcimboldo, with his portraits of the Emperors composed of fruits and vegetables, perhaps saying this ruler was creating an era of abundance.



Echoing ancient cave artists, Filippo Marinetti in the early 1900s created art from food itself. His 'Futurist' movement promoted cooking and dining as the centrepiece of this new art form. Following this, Food Art entered the artistic expressions of feminist ideology. Food Art launched new restaurants as art projects. Specially themed food preparation was carried out in art galleries and exotic sculptures were created using food, to name just a few ways art and food have collided during the last one hundred years.

It seems food and art remain firm friends, continuing to feed our imaginations.



## Galentine's Day Celebrations Featuring Magic Men Australia

STORY JULIA LEWIS

**H**old on to your paint brushes and top up those drinks, because Magic Men are storming Pinot and Picasso to give you the ultimate ladies night out.

While most people are familiar with Valentine's Day, many may not know that Galentine's Day, typically held before the global day of love, is the celebration of friendship and sisterhood.

To celebrate this love-filled day, Pinot and Picasso are hosting a special paint and sip class you and your gal pals won't want to miss.

Debbie Lennon, co-owner of Pinot and Picasso, said it was a no-brainer to host an event that celebrates the special friendships and bonds that women have.

"Galentine's Day is a day for women to celebrate their friendships with their girlfriends. It's ladies celebrating ladies and we love sharing the love." Debbie said.

Event goers will spend the night being waited on by the studs of Magic Men, while painting an artwork inspired by Adonis, a piece that appreciates the male form, and of course using the hunky Magic Man as a reference point.

While this is the first year Pinot and Picasso in Redcliffe have celebrated Galentine's Day, Debbie said it won't be their last.

"This is the first time we have offered a Magic Men Galentine's event in our Studio, and we will absolutely be having another one next year. It's a great excuse to get out and celebrate our special female friendships."

**Galentine's Day Ladies Night**  
**Pinot and Picasso, Sat 11 Feb 7pm-10pm**  
**Shop 3/13 Redcliffe Parade Redcliffe**  
**To buy tickets visit [www.pinotandpicasso.com.au/redcliffe](http://www.pinotandpicasso.com.au/redcliffe), Event is for 18+ only**





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# Repairs to the Mousetrap Theatre

Bringing Redcliffe's beloved theatre back to life.

STORY **JULIA LEWIS**

**R**epairs to the Mousetrap Theatre are underway, and although performances have moved to other venues, the show must go on.

The original section of the building, the auditorium, was purchased in 1966 and has been occupied and operated by Mousetrap Theatre Company ever since.

The building, which is over 100 years old, was originally part of the Redcliffe Hotel, and due to age, and wear and tear, is now suffering structural issues.

Performances at the theatre ceased in July 2022 when the Moreton Bay Region Council

reported some safety issues. They will now fund the repairs which are expected to take up to 2 years.

Included in the repairs will be replacing timber work due to termite damage, resolving foundation issues, upgrading the aging electrical system, and updating the fire safety to current standards.

President of Mousetrap Theatre, Karen Matthews, said that while the repairs are necessary, nothing compares to performing in your home theatre.

"The building is our home. While we will be continuing to present productions in other venues while our building is closed, there is nothing like using your own theatre. We have all our sets and props there and the building has been adapted to suit what we do. It is very much "our space".

*For information about performances and shows, visit [www.mousetraptheatre.asn.au](http://www.mousetraptheatre.asn.au) or find them on Facebook @ [mousetraptheatreco](https://www.facebook.com/mousetraptheatreco)*

## Tips to lower power bill costs and help the environment

**W**ith a reported potential increase in power bills by up to 50% over the next two years, we can be smarter, more energy efficient, and help the planet. The energy market is continually changing, and rapidly.

So try these tips:

- Source a renewable energy supplier to help save the planet: <https://www.choice.com.au/home-improvement/energy-saving/reducing-your-carbon-footprint/articles/green-electricity-review>
- Source a cheaper power supplier: <https://www.qld.gov.au/housing/buying-owning-home/energy-water-home/electricity/choosing-electricity-retailer>

Save money on your summer power bills:

- Use fans and natural breezes where possible;
- Set air con units on 24 degrees, close windows and curtains, and use fans to circulate the air. Every degree lower than 24 degrees can add 10% to your power usage;
- Restrict air con zones to areas in use;
- Use timers to cool air down and save on power usage;
- Seal window and door gaps to the exterior to stop hot air drafts;
- Close doors to rooms not in use;
- Shade windows exposed to the sun;
- Dry clothes in the sun or limit the use of clothes dryers;
- Ensure hot water system is on off-peak tariff and temperature is checked;
- Limit time of showers to reduce hot water usage;
- Turn off standby power, where possible, saving up to 10% of power use.

*Prepared by Les Barkla, Founder, Pristine Peninsula Group.  
Facebook: Pristine Peninsula E: [Pristinepeninsula4u@gmail.com](mailto:Pristinepeninsula4u@gmail.com)*

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## THIS MONTH'S FEATURED ARTIST

### Cheryl Nugent

Cheryl is an award winning local artist with her works exhibited in collections in Australia and overseas.

Cheryl frequently travels to the Outback on painting trips and particularly loves painting horses.

Her other great love is the Redcliffe seaside and her studies of pelicans are very popular.

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## Nuoc Cham Dipping Sauce

RECIPE **JULIA LEWIS**

**If you are a lover of Asian recipes and flavours, then you would be no stranger to this sauce. However if you are new to it, this is your answer to most Asian salads you will cook and eat in your kitchen.**

It's sweet and fresh, and the delicate flavours will have you wondering why you have never tried it before. The great thing about this dressing is how versatile it is. You can use it in Vietnamese salads, as a dipping sauce for spring rolls and dumplings, and of course you can drizzle it in rice paper rolls. I have even seen it used as a marinade, and it goes beautifully with white fleshed fish.

I'm sharing this recipe with you after the inspiration came from recently finding Lek's Asian Market in Redcliffe. Before now, I had to venture into the city to buy my Asian grocery staples, but I can now shop locally. It has everything you need from bulk rice and grains to kitchenware and ramen. You can find them on Ashmole Road in Redcliffe.



### INGREDIENTS

6 tbsp water  
2 tbsp raw sugar  
1.5 tbsp freshly squeezed  
lemon (or lime) juice  
2 tbsp fish sauce

1/2 clove minced garlic  
1 long chilli deseeded  
1/2 small carrot grated  
A few drops of sesame oil  
(optional)

This recipe can be tailored to your taste buds. Some people don't like a strong fish sauce taste, so just add a little at a time. Taste as you go to learn the flavours you like.

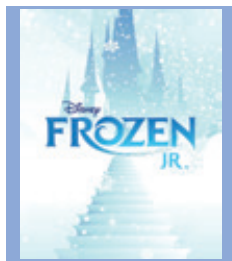
Start by mixing the water and sugar until the sugar dissolves. Depending on what sugar you have used (you can use caster, raw or palm sugar), you may need to heat the water a little so the sugar granules dissolve. Then add the lemon or lime juice. This is where the freshness and zing come from so I suggest putting all of it in, but you could add it a little at a time and keep tasting.

Then add the garlic, chilli, grated carrot and if you are using it, add the sesame oil. This isn't traditional, but it gives it a beautiful savoury flavour. Mix everything together and serve!

[www.recipesonpaper.com.au](http://www.recipesonpaper.com.au)

# Young Artists Sing up a Snowstorm at Redcliffe Entertainment Centre

**A** cast of talented young locals from the ROAR Theatre Academy hit the stage this month with *Frozen Jr*, an enchanting modern classic from Disney.



Based on the 2018 Broadway musical, *Frozen Jr* brings to life Elsa, Anna and the magical land of Arendelle live on stage at the Redcliffe Entertainment Centre.

The show features all the memorable songs from the

animated film including Let It Go, In Summer, Do You Want To Build A Snowman and Love Is An Open Door, plus five new songs written for the Broadway production.

The story, directed by ROAR Academy Principal, Madeleine Johns and choreographed by Jennifer Morison – the creative combination behind 2022's productions of *Priscilla* and *Grease* - *Frozen Jr* is sure to be an inspiring musical that all ages can enjoy.

With a cast of beloved characters, and loaded with magic and adventure, *Frozen Jr* is sure to thaw even the coldest heart!

For tickets: [www.roaracademy.com/whats-on](http://www.roaracademy.com/whats-on) or [www.redcliffeentertainmentcentre.com.au/Events/RMT-Frozen-Jr](http://www.redcliffeentertainmentcentre.com.au/Events/RMT-Frozen-Jr)  
Or phone 07 3480 6280

**Frozen Jr**  
**Redcliffe Entertainment Centre, Downs Street, Redcliffe**  
**Friday 3 February at 7pm**  
**Saturday 4 February at 2pm and 7pm**  
**Sunday 5 February at 2pm**

ROAR Academy and RMT Youth presents

Disney

# FROZEN JR.

Music and Lyrics by

**Kristen Anderson-Lopez & Robert Lopez**

Book by

**Jennifer Lee**

Based on the Disney film written by Jennifer Lee and directed by Chris Buck and Jennifer Lee

**FEBRUARY 3 to 5, 2023**

Redcliffe Entertainment Centre

[www.redcliffeentertainmentcentre.com.au](http://www.redcliffeentertainmentcentre.com.au) or call 3480 6280

Licensed exclusively by Music Theatre International (Australia)

All performance materials supplied by Hal Leonard Australia





# OUTDOOR EXTRAVAGANZA

STORY **BROOKE JACOBSON**

**F**ans of camping, caravanning and the great outdoors are being urged not to miss the Moreton Bay Expo.

Speaking to the Redcliffe Guide, event marketing manager Courtney Stephens said there was no better time to be travelling around Australia.

"People can expect to see all things outdoor and adventure at the expo," she said. "Post-Covid, everyone is wanting to holiday at home, and I think we have a pretty cool backyard here in Queensland.

"We have a tourism pavilion at the expo as well, with lots of tips and advice on places to go."

Ms Stephens added caravan and camping holidays were no longer just for grey nomads.

"It's really what I would call an all-rounder holiday," she said. "We're seeing a broader scope of people and age ranges taking up caravan and camping holidays."

Some of the highlights of the expo included a 4 x 4 track with demonstrations and training, and cooking lessons from King Brown.

"A lot of people buy a caravan or camper, and then realise 'oh, this is different to cooking at home'," Ms Stephens said.

"So, it's great to have someone there who can show you how to cook different meals on your barbecue while you're travelling."

There are also some fantastic competitions, including a \$15,000 Tag Along Tour to Cape York, and a \$1500 holiday for two to Kingfisher Bay Resort on Fraser Island.

"My top tip for people is to pre-purchase your tickets online beforehand," Ms Stephens said.

"That means you'll get express entry at the gate, and while you're online getting your tickets, you can fill in your details and enter the competitions as well."

**Moreton Bay Expo**  
**February 17 - 19, 2023**  
**Friday: 8.30am - 4pm**  
**Saturday: 8.30am - 5pm**  
**Sunday: 8.30am - 4pm**  
**Redcliffe Showgrounds**  
**Scarborough Road, Redcliffe**

*Tickets: Adults single day: \$15; Adults three day: \$18; Seniors single day: \$12; Seniors three day: \$15; Children 16 and under: Free. For more information go to: <https://bayexpo.com.au>*

# Moreton Bay Expo

CARAVANS · CAMPERS · 4x4 · OUTDOORS



17<sup>th</sup> - 19<sup>th</sup> FEBRUARY 2023

Friday: 8:30am to 4:00pm

Saturday: 8:30am to 5:00pm

Sunday: 8:30am to 4:00pm



Redcliffe Showgrounds

WIN over  
**\$15,000**  
in prizes!



Caravans, camper trailers, hybrids, vehicles & 4x4's, camping & motoring accessories, holidays & tourism, boats & fishing gear & more!

Tickets available online!

[www.BayExpo.com.au](http://www.BayExpo.com.au)

Adults \$15, Seniors Card \$12, Children 16 and under FREE with an adult. Booking service fees apply. For full event details and conditions of entry, visit the event website. Images used for illustration purposes only. Limited tents on display.



**Australian Events**  
INDUSTRY LEADING EVENTS



BayExpo



MoretonBayExpo

# FREE ROOM HIRE

*at Redcliffe Golf Club*

**We can cater for all events!**

**Birthdays, Graduations, Weddings, Wakes and more!**

*For all bookings please contact*

**Macayla on 07 3284 5485**

*Free Room Hire Bookings do require a minimum  
of 60 people to be catered for*

**Bookings must be made by 28th February 2023**

**Redcliffe Golf Club  
Handsworth Street Clontarf**





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- ✔ Australian owned and operated
- ✔ Home delivered or available in stores

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of \$55 applies  
excluding delivery fee.

HOME DELIVERY OF READY MADE MEALS

# NEWS BITES

## Clean Up Australia Day

Register now for Clean Up Australia Day, and help clean up the parks, streets, and foreshore of the Peninsula.

There are several different dates this year:

- Business Clean Up Day Tuesday 28 February
- Schools Clean Up Day Friday 3 March
- Community Clean Up Day Sunday 5 March

Register online at: [www.cleanupaustraliaday.org.au](http://www.cleanupaustraliaday.org.au) where you have the option to register a new clean-up site or join an existing site.

Locals registering their own site will be sent a clean-up kit, and additional equipment can be purchased via the website.

## Lions Club Redcliffe - Cent Auction

The Lions Club of Redcliffe are holding a Cent Auction to raise funds for the Australian Lions Childhood Cancer Research Foundation. This incredible foundation supports vital research aimed at improving survival rates, longevity and quality of life for children with cancer and have funded 10 major projects in just 7 years. So head down and have fun, enjoy a complementary tea or coffee and support a very worthwhile cause.

Date: Saturday 25 February  
Redcliffe Senior Citizens Centre, 401 Oxley Avenue, Redcliffe  
Doors open at 1pm and the auction commences at 2.30pm  
Entry \$5 with a chance to win a lucky door prize  
Auction sheets are \$1

*For more information contact Lilian on 07 3284 0328 or email [tammym24@hotmail.com](mailto:tammym24@hotmail.com) or [jcsquinn@hotmail.com](mailto:jcsquinn@hotmail.com)*

## Redcliffe's Year of the Dolphin starts with a Council visit

The Dolphins are bringing the NRL to Moreton Bay so Council's taking its first Community Council Meeting of the year to the Redcliffe



Leagues Club to build the momentum ahead of their history-making debut season.

Mayor Peter Flannery said fans will get a chance to score tickets to see The Dolphins in action this season as well as an exclusive presentation from Dolphins CEO Terry Reader at the upcoming Community Council Meeting.

"Council has a massive fixture of Community Council Meetings lined up for 2023 and to kick things off with a bang we're heading to Redcliffe for the start of the NRL season when our very own Dolphins will take the national spotlight for the first time as the 17th team," he said.

"This will be a huge year for the Peninsula after the past few years we've had and there's no better way to kick things off than to take the travelling Council to Redcliffe.

"I hope to see as many locals down at the Redcliffe Leagues Club on March 1 to see Council in the flesh."

There are limited spaces available, so if you wish to attend, apply through Council's website by February 9. Alternatively you can request to present a Community Comment to the Council chambers.

Visit [www.moretonbay.qld.gov.au/Council/](http://www.moretonbay.qld.gov.au/Council/) Meetings for more information about Council meetings and how to participate.

NELL CAMPBELL  
IN



ALL'S NELL  
THAT  
ENDS NELL

Columbia's Rocky Horror Confessional.

SATURDAY 4TH MARCH  
REDCLIFFE ENTERTAINMENT CENTRE, REDCLIFFE

# FEBRUARY What's On.

## 01 WEDNESDAY

### 🎵 **TOBY TYLER**

Redcliffe Leagues Club 11am

## 02 THURSDAY

### 🎵 **CATHY DRUMMOND**

Redcliffe Leagues Club 11am

## 03 FRIDAY

### 🎵 **FORTUNATO**

Redcliffe Leagues Club 11am

### 🎵 **DJ PETER**

Redcliffe Leagues Club 7pm

### 🎵 **ALICE STREET BAND**

Moreton Bay Boat Club 7pm

### 🎵 **THE SHANIA TWAIN! SHOW**

Redcliffe Leagues Club 8:30pm

## 04 SATURDAY

### 🎸 **LEARN TO PLAY BRIDGE**

Redcliffe Bridge Club, 2A Irene Street, Redcliffe 9am

When: Saturday 4 February at 9 am for 8 weeks, followed by 4 weeks of supervised play  
Where: Redcliffe Bridge Club, 2A Irene Street, Redcliffe  
Cost: Lessons free, Resource books \$20  
How: Enrolment by email to [secretary@redcliffebridge.com.au](mailto:secretary@redcliffebridge.com.au)  
Contact: Wayne Parker, telephone 3883 4405 for further information.

### 🎵 **CAUGHT IN THE ACT**

Redcliffe Leagues Club 7pm

## 05 SUNDAY

### 🎵 **JAZZ ON DECK**

Moreton Bay Boat Club 2:30pm

## 07 TUESDAY

### 🎵 **MICHAEL WHITMORE**

Redcliffe Leagues Club 11am

## 08 WEDNESDAY

### 🎵 **TOBY TYLER**

Redcliffe Leagues Club 11am

## 09 THURSDAY

### 🎵 **DAVE GRAY**

Redcliffe Leagues Club 11am

### 🎹 **DON'T SHOOT ME, I'M ONLY THE PIANO**

Redcliffe Entertainment Centre 11am

Established Australian pianist, David Scheel, as the successor to the legendary Victor Borge performs beautiful music and musical fun in so many accents/voices! Tickets \$28





17 FRIDAY  
 Moreton Bay Expo  
 Redcliffe Showgrounds  
 8:30am

## 10 FRIDAY

### 🎵 FORTUNATO

Redcliffe Leagues Club 11am

### 🎵 ROCKGODZ & MIRRORBALLZ

Redcliffe Leagues Club 7pm

### 🎵 ME & JODIE LEE

Moreton Bay Boat Club 7pm

### 🎸 REBEL REBEL - THE BOWIE ANTHOLOGY

Redcliffe Entertainment Centre 7:30pm

Rebel Rebel - The Bowie Anthology is a captivating live concert recreating the iconic sound of David Bowie. Tickets from \$54

## 11 SATURDAY

### 🎴 LEARN TO PLAY BRIDGE

Redcliffe Bridge Club, 2A Irene Street, Redcliffe 9am

When: Saturday 4 February at 9 am for 8 weeks, followed by 4 weeks of supervised play  
 Where: Redcliffe Bridge Club, 2A Irene Street, Redcliffe  
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 How: Enrolment by email to [secretary@redcliffebridge.com.au](mailto:secretary@redcliffebridge.com.au)  
 Contact: Wayne Parker, telephone 3883 4405 for further information.

### 🎵 ETERNAL SUNSHINE

Redcliffe Leagues Club 7pm

### ★ GALENTINE'S DAY LADIES NIGHT

Shop 3/13 Redcliffe Parade 7pm

## 14 TUESDAY

### 🎵 MICHAEL WHITMORE

Redcliffe Leagues Club 11am

## 15 WEDNESDAY

### 🎵 TOBY TYLER

Redcliffe Leagues Club 11am

## 16 THURSDAY

### 🎵 TRACY VAUGHN

Redcliffe Leagues Club 11am

## 17 FRIDAY

### ★ MORETON BAY EXPO

Redcliffe Showgrounds 8:30am

🎵 **FORTUNATO**

Redcliffe Leagues Club 11am

🎵 **DOWN311**

Moreton Bay Boat Club 7pm



🎵 **LABOUM**

Redcliffe Leagues Club 7pm

🎵 **OKLAHOMA!**

Redcliffe Entertainment Centre 7:30pm

Lynch & Paterson present Rodgers & Hammerstein's Oklahoma! 17 - 26 February | Tickets \$39.90 - \$59.90

## 18 SATURDAY

★ **MORETON BAY EXPO**

Redcliffe Showgrounds 8:30am

🎵 **LEARN TO PLAY BRIDGE**

Redcliffe Bridge Club, 2A Irene Street, Redcliffe 9am

When: Saturday 4 February at 9 am for 8 weeks, followed by 4 weeks of supervised play  
Where: Redcliffe Bridge Club, 2A Irene Street, Redcliffe  
Cost: Lessons free, Resource books \$20  
How: Enrolment by email to secretary@redcliffebridge.com.au  
Contact: Wayne Parker, telephone 3883 4405 for further information.

★ **FUN IN THE SHADE**

Redcliffe Museum 11am

🎵 **TASTE OF SYNESTHESIA**

Old Fire Station, 365 Oxley Ave, Redcliffe 1pm

Official Opening of 'Taste of Synesthesia'

🎵 **FAT CHANCE**

Redcliffe Leagues Club 7pm

## 19 SUNDAY

★ **MORETON BAY EXPO**

Redcliffe Showgrounds 8:30am

🎵 **GENERATION GAP 60'S & 70'S**

Moreton Bay Boat Club 2:30pm

## 21 TUESDAY

🎵 **ROSE POWELL**

Redcliffe Leagues Club 11am

## 22 WEDNESDAY

🎵 **TOBY TYLER**

Redcliffe Leagues Club 11am

## 23 THURSDAY

🎵 **DARRIN LEIGH**

Redcliffe Leagues Club 11am

🎵 **COUNTRY BOYS**

Redcliffe Leagues Club 6pm

## 24 FRIDAY

🎵 **FORTUNATO**

Redcliffe Leagues Club 11am

🎵 **JUST JAMMIN**

Moreton Bay Boat Club 7pm

🎵 **POCO LOCO TRIO**

Redcliffe Leagues Club 7pm



## 25 SATURDAY

### ♠ LEARN TO PLAY BRIDGE

Redcliffe Bridge Club, 2A Irene Street, Redcliffe 9am

When: Saturday 4 February at 9 am for 8 weeks, followed by 4 weeks of supervised play  
Where: Redcliffe Bridge Club, 2A Irene Street, Redcliffe  
Cost: Lessons free, Resource books \$20  
How: Enrolment by email to [secretary@redcliffebridge.com.au](mailto:secretary@redcliffebridge.com.au)  
Contact: Wayne Parker, telephone 3883 4405 for further information.

### ♫ COUNTERFEIT HEROES

Redcliffe Leagues Club 7pm

## 26 SUNDAY

### ♫ THE RAMBLERS

Moreton Bay Boat Club 2:30pm

## 28 TUESDAY

### ♫ MICHAEL WHITMORE

Redcliffe Leagues Club 11am

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# ANCHORAGE BAKERY & CAFE

## Baking Customers Happy Since 2014

STORY **KELLY WALKER** PHOTO **PETE JOHNSON**  
PHOTOGRAPHY

**F**or eight years now, Anchorage Bakery in Newport has operated as a well-loved family business that has grown and evolved alongside its community and customers.

Owners, Edward and Geraldine McCall, run the bakery themselves with their daughter, Jessica, now also involved in the family business.

"We live locally and we work with our family, and in a way our customers, our community and neighbours have become like family too," said Geraldine.

"We have customers who were just starting out life together when we first opened, and are now married with children. It feels so special to be a part of something that is bigger than just being a business."

Originally opening their doors in 2014, they moved shortly after into a new location to accommodate for their growth.

"We were originally in a smaller shop in the same complex," said Geraldine. "Two years down the road we were needing to expand and had the opportunity to move into our current cafe premises which we have been in since 2016."

Geraldine explained that the bakery caters to a wide demographic and regardless of





**Geraldine McCall**

who walks through their doors, customers are always greeted with a plethora of delicious sandwiches, rolls, brekky buns and croissants to choose from.

"Our cheese and bacon sausage rolls have always been a big hit in our bakery," said Geraldine, "and our fresh cheese, chutney and roast beef sandwiches have been the latest favourite in our sandwich bar."

Although their whole menu is delicious, what Geraldine and Edward are most proud of is their bread.

"Ed had been baking for years before opening Anchorage, yet was never able to produce the product he had desired," said Geraldine. "However, now that he has control over it, he uses the highest quality ingredients and the right methods to maintain quality and consistency in every loaf."

As they look forward to the future, and reflect



on how far they've come, Geraldine explained that she and Edward are very grateful for all of the support they've had so far.

"We're so thankful to all who have been a part of our story," she said. "It's with the support of our beautiful customers that we have made it this far."

*For more information, visit [www.anchoragebakerycafe.com](http://www.anchoragebakerycafe.com).*

# Local DINING GUIDE



141/145 Griffith Road  
Newport

**Bakery & Cafe**

Ph 3880 3601

## ANCHORAGE BAKERY & CAFE

**Feature:** Anchorage Bakery & Cafe is a locally owned and family operated business offering a range of freshly baked bread, pastries, sweets, sandwiches, wraps, a full menu, catering and much more. Freshly brewed coffee dine in or takeaway. We're more than just a bakery.



161 Redcliffe Pde, Redcliffe

**Bakery Café**

Ph 3284 0166

## BANJO'S BAKERY CAFÉ

**Feature:** Grab 3 Small Savouries for just \$6.25 or one of our many great deals at Banjo's Redcliffe!

In a rush? Skip the queue with the Banjo's Ordering App! Available in the App store and Google Play.

Delicious and made in Redcliffe. Pies, pastries, sweets, sandwiches and coffee. Breakfast, lunch or a treat anytime. Dine in or take-away.



439 Scarborough Road  
Scarborough

**Fish & Chips/Burgers**

Ph 3203 5033

## BAY BOATS

**Feature:** Famous for our great range of tasty seafood, burgers with homemade burger patties, hot crispy chips locals love and customers come from far far away to enjoy. Not to mention fresh sandwiches, great coffee and good old-fashioned milkshakes. Is that chicken or plain salt?



Kippa-Ring Shopping  
Centre

**Café**

Ph 3283 4739

## THE COFFEE CLUB KIPPA-RING

**Feature:** At The Coffee Club Kippa-Ring you can enjoy your favourite cafe meals and great coffee all day, every day. Open from 7:30am-5:30pm weekdays, late Thursday 7pm, and 8am-4pm weekends. So Meet You at The Coffee Club Kippa-Ring.





165 Redcliffe Pde, Redcliffe

Tex Mex

Ph 3284 7990

## CACTUS JACK'S

**Feature:** Great steaks, sizzling Fajitas & authentic Mexican. Served with a full cocktail menu and local beers on tap.

Open Tuesday - Thursday from 5pm - late  
Friday - Sunday from 11am - late



95 Prince Edward Parade,  
Scarborough

Modern Thai Food

Ph 07 3880 3477

## CHOR CHANG THAI

**Feature:** Chor Chang means elephant in Thai. We will bring modern Thai cuisine to Scarborough. This place is very amazing. Let us do the hard work cooking and friendly service. Chor Chang is the perfect place to celebrate your special occasion or birthday party. Takeaway and dine in also welcome with a Thai smile.

Sun - Wed 11am til 8.30pm  
Thurs - Sat 11am til 9pm



75 Redcliffe Parade,  
Redcliffe

Bar and Grill

www.era.bar

## ERA BAR & GRILL

**Feature:** Good People, Great Times, Amazing Beer  
Era Bar on Redcliffe Parade, overlooking the stunning Moreton Bay offers a massive selection of craft beers on tap, cocktails and wines. Tasty pizzas, burgers and light bites also on offer, with free live music at the weekend.

Open Wed - Sun from 11am



184 Hornibrook Esplanade,  
Clontarf

Fish & Chips

Ph 3283 1618

## FISH'N AT BELLS BEACH

**Feature:** Here at Fish'n at Bells Beach we cook kiwi style fish and chips, mouthwatering homemade hamburgers, hand cut calamari, ice cream, coffee, cakes and a heap of treats from NZ including Paua and Kina. With views over Moreton Bay in Clontarf.



# Local DINING GUIDE



## MAMMA'S ITALIAN RESTAURANT

**Feature:** Mamma's Italian Restaurant has been family owned & run since 1982. It is the perfect place for celebrating special occasions or the love of exquisite Italian food and wine. Mammass has been fully recognised by the Accademia Italiana Della Cucina Italy. Fully licensed. Mon - Sat 11am til late, Sunday 9am til late

69 Redcliffe Pde, Redcliffe  
Italian Restaurant  
Ph 3284 4512



## MORETON BAY BOAT CLUB

**Feature:** Seafood restaurant overlooking Scarborough Harbour. Live music Friday nights & Sunday afternoons. See our website for opening times & specials.

Bird O'Passage  
Pde, Scarborough  
Steak and Seafood  
Ph 3203 5188



## MORGANS SEAFOOD

**Feature:** Morgans Seafood is the best place to enjoy seafood in Brisbane. Morgans are uniquely located right on the stunning Scarborough Boat Harbour dotted with luxury yachts, pleasure craft and commercial trawl fishing boats, and overlooks Moreton Bay and the Glasshouse Mountains. Fully licensed.

Bird O'Passage Parade,  
Scarborough  
Fresh Seafood & Takeaway  
Ph 3203 4592



## PREECE'S AT THE JETTY

**Feature:** We have the BEST Vanilla Slice in Queensland. All cakes, biscuits, slices & ice cream are homemade. Fabulous seaside location. Come in and enjoy the views with a fabulous coffee and cake or lunch.

155 Redcliffe Pde, Redcliffe  
Modern Australian  
& Mediterranean  
Ph 3284 2986

Mon-Sun: 5.30am - 3pm





Bird O'Passage Parade,  
Scarborough

**Craft Brewery & Restaurant**  
Ph 1800 727 104

## SCARBOROUGH HARBOUR BREWING CO.

**Feature:** Scarborough Harbour Brewing Co. is a two level venue overlooking the beautiful harbour from both levels. We brew our craft beers onsite. Wine, cocktails, spirits and delicious food also available.  
Upper Deck - Wed to Sun 11am til late  
The Engine Room - Wed to Fri 4pm to late  
- Sat & Sun 11am to late

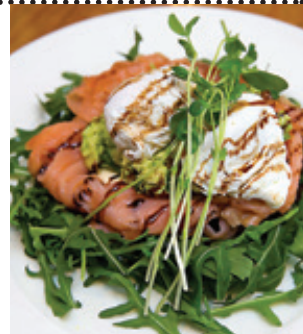


89 Landsborough Avenue,  
Scarborough

**Eclectic Modern Café**  
Ph 3880 4770

## SCARBOROUGH'S SEIGHTNINE

**Feature:** Famous for our range of breakfasts and lunches, providing fresh seasonal dishes, dine while overlooking the beautiful Moreton Bay. We provide options for vegetarians and the gluten intolerant and do great functions.



Reef Point Esp,  
Scarborough  
(situated behind caravan park)

**Modern Australian**  
Ph 3880 4456

## SEA SALT AND VINE

**Feature:** Sea Salt & Vine has one of the best locations on the peninsula overlooking the Glass House Mountains. A family & doggy friendly place to enjoy a tasty breakfast or lunch, or just a quiet coffee & cake served in our tranquil café setting under the trees. We are also happy to accommodate large bookings for your special family gathering & are fully licenced & offer BYO Wine. Open 7 days, 7am to 4pm.



141 Sutton Street, Redcliffe  
**Japanese, Sushi**  
Ph 3283 8188

## SUSHI CENTRAL

**Feature:** Want to experience an amazing time with astonishing flavours? Come to Sushi Central at 141 Sutton Street Redcliffe and purchase a variety of products that cater to all your eating desires. Join us on Monday night and Tuesday for our \$3.50 specials. Open 7 days for lunch and dinner.



# Local DINING GUIDE

## THAI HUT

Shop 3/265 Oxley Avenue,  
Margate

**Thai Restaurant**

Ph 3284 5962

## THAI HUT

**Feature:** Thai Hut has been on the Redcliffe Peninsula for over nineteen years. We reopened in August 2017 back to where we first started in 2000. Thai Hut cooks authentic Thai food. We do take-away, home deliveries and dine-in.

\$10.90 SPECIAL – Pad Pua Wan, Sweet & Sour.  
Just one of our many lunch time specials.



The Boat Shed

63 Landsborough Ave,  
Scarborough

**Fish & Chips**

Ph 3880 0555

## THE BOAT SHED SCARBOROUGH

**Feature:** Located overlooking the spectacular Moreton Bay & Moreton Island.

Our seafood is cooked to order and is available for dine in at our alfresco area or takeaway. Come give us a go! You won't be disappointed. Open 7 days (Except Mon/Tue Evenings & Xmas Day.)



611 Oxley Avenue,  
Scarborough

**Seafood Market**

Ph 0427 964 649

## WHITTAKER'S SEAFOOD

**Feature:** Family owned business being supplied mainly from our trawler & crabbing boat. We offer fresh fish, prawns, crabs, oysters including platters & much more. Come visit us for all your seafood items.

Tue - Thu: 10am - 5pm

Fri - Sat: 9am - 5pm

Sun: 9am - 4pm



# ADVERTISE YOUR CAFÉ OR RESTAURANT

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# \$1.06 Billion Expansion for Redcliffe Hospital

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The Palaszczuk Government will invest \$1.06 billion to deliver a major expansion of the Redcliffe Hospital.

This huge investment will deliver 204 extra beds and significantly expand health service capacity.

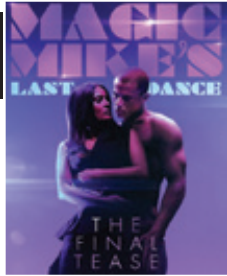
The demand for health care in Redcliffe is increasing. This billion-dollar expansion will ensure Redcliffe can continue to access world-class health services into the future.

## **YVETTE D'ATH** MEMBER FOR REDCLIFFE

Suite 35, Level 1, Bluewater Square Shopping Centre  
Cnr Anzac Ave & Sutton Street, REDCLIFFE QLD 4020

(07) 3448 7100  
[redcliffe@parliament.qld.gov.au](mailto:redcliffe@parliament.qld.gov.au)





## MAGIC MIKE'S LAST DANCE

Just in time for Valentine's Day comes the third installment of the blockbuster "Magic Mike" film franchise, the musical comedy "Magic Mike's Last Dance." The creative

team behind the first film, which garnered praise from critics and audiences alike has reunited to create the magic again.

**Director:** Steven Soderbergh

**Main Cast:** Channing Tatum, Salma Hayek

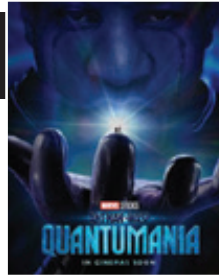
**Genre:** Comedy, Drama

**Running Time:** 45 MIN

**Release Date:** 09 Feb 2023

**Rating:** CTC

**Language:** English



## ANT-MAN AND THE WASP: QUANTUMANIA

Superhero partners Scott Lang (Paul Rudd) and Hope Van Dyne (Evangeline Lilly) return to continue their adventures as Ant-Man and the Wasp. Together, with Hope's parents Hank Pym (Michael Douglas) and Janet Van Dyne (Michelle Pfeiffer), and Scott's daughter Cassie Lang (Kathryn Newton).

**Director:** Peyton Reed

**Main Cast:** Evangeline Lilly, Michael Douglas, Michelle Pfeiffer, Paul Rudd, Kathryn Newton, Jonathan Majors

**Genre:** Action, Adventure, Comedy

**Running Time:** 45 MIN

**Release Date:** 16 Feb 2023

**Rating:** CTC

**Language:** English



## SPOILER ALERT

Based on Michael Ausiello's best-selling memoir "Spoiler Alert: The Hero Dies," a heartwarming, funny and life-affirming story of how Michael and Kit's

relationship is transformed and deepened when one of them falls ill.

**Director:** Michael Showalter

**Main Cast:** Jim Parsons, Sally Field, Bill Irwin, Ben Aldridge, Antoni Porowski, Nikki M. James, Jeffrey Self

**Genre:** Drama

**Running Time:** 45 MIN

**Release Date:** 09 Feb 2023

**Rating:** CTC

**Language:** English

## February Releases



Knock at the Cabin	.....	Feb 2
The Chosen: Season 3 Episode 7 & 8	.....	Feb 3
Magic Mike's Last Dance Titanic	.....	Feb 9
Ant-Man and the Wasp: Quantumania	.....	Feb 16
My Fairy Troublemaker		
Aftersun	.....	Feb 23
Cocaine Bear		
Fisherman's Friends 2		



# FEBRUARY TIDE TIMES

TIME	M	TIME	M	TIME	M	TIME	M	TIME	M
<b>1</b>	0648 2.19 1331 0.87 WE 1856 1.62	<b>7</b>	0415 0.44 1040 2.44 TU 1714 0.62 2247 1.94	<b>13</b>	0213 1.97 0824 0.92 MO 1410 1.87 2038 0.67	<b>19</b>	0228 0.35 0900 2.69 SU 1546 0.43 2115 2.02	<b>25</b>	0059 2.20 0709 0.68 SA 1303 2.07 1928 0.55
<b>2</b>	0055 0.62 0738 2.28 TH 1422 0.78 1950 1.68	<b>8</b>	0449 0.46 1110 2.42 WE 1743 0.60 2322 1.96	<b>14</b>	0323 1.99 0944 0.98 TU 1520 1.73 ☉ 2145 0.69	<b>20</b>	0321 0.26 0946 2.75 MO 1631 0.37 ● 2203 2.11	<b>26</b>	0145 2.14 0800 0.86 SU 1344 1.84 2004 0.65
<b>3</b>	0145 0.57 0821 2.35 FR 1504 0.71 2033 1.74	<b>9</b>	0524 0.51 1140 2.36 TH 1812 0.60 2359 1.98	<b>15</b>	0446 2.08 1118 0.94 WE 1648 1.66 2305 0.66	<b>21</b>	0410 0.23 1030 2.74 TU 1712 0.35 2249 2.19	<b>27</b>	0240 2.07 0904 1.00 MO 1434 1.64 ☉ 2051 0.75
<b>4</b>	0228 0.52 0900 2.39 SA 1541 0.67 2110 1.80	<b>10</b>	0600 0.60 1211 2.28 FR 1842 0.60	<b>16</b>	0605 2.23 1248 0.82 TH 1811 1.69	<b>22</b>	0456 0.26 1111 2.66 WE 1748 0.36 2332 2.23	<b>28</b>	0349 2.03 1036 1.05 TU 1554 1.51 2158 0.83
<b>5</b>	0306 0.48 0936 2.42 SU 1615 0.65 2143 1.85	<b>11</b>	0037 1.97 0639 0.70 SA 1243 2.17 1914 0.61	<b>17</b>	0020 0.58 0711 2.41 FR 1400 0.67 1922 1.79	<b>23</b>	0540 0.36 1149 2.50 TH 1823 0.40		
<b>6</b>	0341 0.45 1009 2.44 MO 1645 0.64 ☉ 2215 1.90	<b>12</b>	0120 1.97 0725 0.81 SU 1320 2.03 1950 0.63	<b>18</b>	0128 0.46 0809 2.57 SA 1457 0.53 2023 1.90	<b>24</b>	0015 2.23 0623 0.51 FR 1227 2.30 1856 0.47		



## FISH OF THE MONTH



### SEA MULLET - MUGIL CEPHALUS

STORY **PETER HANSLER**

In the cooler months of the year sea mullet will turn up in Moreton Bay in massive numbers to spawn. These are the silver fish you see jumping most of the time around a foot long on the flats in front of Sandgate, up the rivers and along the beach at Redcliffe. Found all around the Australian coastline they grow to over 70cm with most I see around 40cm.

They are targeted by the cast netters you see on the jetties, as well as the commercial netters on the beach. It is rare you will catch one on a fishing line due to their main feeding method of sand sifting and also feeding on algae and detritus on the seafloor. I have managed a few on worms and bread while fishing for other species.

Some people are not fond of eating 'mullet' but being mainly a coastal and ocean going fish these local specimens are very clean and tasty and a great buy at your local seafood outlet when in season. I like fillets just rolled in flour on the BBQ hotplate.

# A Ukulele and Me

WITH **RICHARD LANCASTER**

**H**ave you ever had that magical musical experience when a tune or a song keeps coming back to you? The experts sometimes call it 'sticky music' because it 'sticks' in your memory bank.

My first experience of this phenomenon happened some 80 years ago, when I was five years old. My father had developed a liking for the songs of an English ukulele playing singer now long passed, George Formby. Our home was often filled with George's renditions delivered via several well-played scratchy 78rpm records. Nowadays, when remembering those good times, those songs return and I find myself humming the tunes again.

Recently, in a mad moment of nostalgic reminiscing I decided to buy a ukulele. I would learn to play it and sing those songs, dedicating the sound to the memory of my long departed dear father. Confident of my decision making ability, I was soon scanning the internet in search of a local music store that sold stringed musical instruments.

Rothwell's Nash Jingles specialise in the sale of guitars and ukuleles, so I was soon talking to helpful owner Ian Nash about my prospective ukulele purchase.

Ian, who is also an internationally acclaimed multi music award nominee having written, produced and recorded 10 solo studio albums of progressive rock and blues, proved to be very helpful. I left Nash Jingles with a handsome new ukulele tucked underneath my arm.

And fortune continued to favour the brave, for very quickly, I found a ukulele teacher. Clontarf



local, Keryn Henderson, was willing to teach me how to play this miniature sized guitar-like musical instrument, which I now believe is better suited to be played by right-handed players!

But teaching this leftie was no deterrent to Keryn. In our first session, she was able to have this elderly, dinosaur-like, lefthanded, large fingered man pluck and sing Marion Sinclair's 1932 classic song Kookaburra.

As I left the Henderson residence, I heard Keryn's gentle voice reminding me "Don't forget to exercise your fingers properly and practice for 10 minutes each day".

She wisely emailed me a series of notes and instructions, which I then promised my heaven resting Dad I would study carefully. But I also let him know that emulating the ukulele playing maestro George Formby may be a long way off yet!



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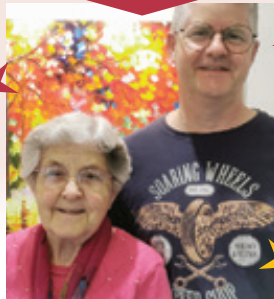
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**Dennis Coyle, Sandgate**



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