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Redcliffe

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GUIDE

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THE NEXT
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OF MUSICIANS**

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A Note from the Editor

SEPTEMBER
2024

Welcome to the September edition of the Redcliffe Guide. All of us at the Redcliffe Guide would like to wish all the Dads, Granddads and Father Figures in our children's lives a very special Father's Day this Sunday, 1 September. We hope you are spoilt!

This month there are some big events on the Peninsula, with probably the the biggest being Redcliffe's 200 year celebration! Read more on page 8 of the Redcliffe Guide - and we hope to see you there!

And don't forget to scan the QR code below to listen to this month's **GuideCast**, a podcast telling the incredible stories of ordinary people in our community.

To keep up to date with these stories and more, follow our **Facebook page** and sign up to our **fortnightly newsletter** here: <https://theguidesbrisbane.myflodesk.com/signup>

Tune in to my **radio interview** on Sunday, 1 September with Suzy and Johnny from 'It Takes Two' on 99.7 Bridge FM. Until next month, happy reading - and listening!

Jodie



Contents

- 06 **GET HIGH ON LIFE AT KITEFEST**
This year's KiteFest is bigger, better and brighter than ever as a kaleidoscope of colourful kites is set to adorn the air and delight onlookers.
- 08 **A PICNIC IN THE PARK TO REMEMBER**
Redcliffe is having her 200th birthday - and you are invited!
- 22 **INSPIRING THE NEXT GENERATION OF MUSICIANS**
Australian singer-songwriter Rick Price is bringing his talents to Redcliffe, hosting an exclusive songwriting workshop at Team Musicare on Thursday, 12 September.
- 52 **DINING GUIDE**
- 56 **WHAT'S ON** September Gigs & Events
- 66 **TRADES AND SERVICES**

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City of Moreton Bay Mayor Peter Flannery highlighted the importance of this signature event to the whole community.

“Redcliffe KiteFest not only generates a considerable economic contribution for the City of Moreton Bay but stands as a beacon of joy and family fun for both locals and visitors alike,” he said.

“Each year, it draws in more and more residents and tourists to experience the wonders of Moreton Bay and is a highlight of Council’s commitment to providing enriching, family-friendly events and fostering a vibrant community spirit.”

This now iconic event had humble origins as a Redcliffe Kite Club annual event.

Mick Dillon, President of Kites Queensland (formerly Redcliffe Kite Club) said they started the kite festival about 35 years ago but it grew to the point where the club couldn’t afford all the security fencing and insurance that was needed.

“We went to the local council who came onboard,” Mick said. “They do a wonderful job and it grows every year.

“We put a message out on our Facebook page to invite our national and overseas connections, so there are many different types of kites.

“Some of the kites are phenomenal. There is a life-size humpback whale, a sperm whale, a 35-metre crocodile and many more.

“No matter how young or old you are, everyone loves to fly a kite.”

Gather friends and family to enjoy wholesome fun both in the sky and on the ground at this stellar event.

For more information and to purchase tickets, visit www.redcliffekitefest.com.au

Redcliffe KiteFest
Saturday, 14 and Sunday, 15
September, 9am-4pm
Pelican Park
101 Hornibrook Esplanade, Clontarf.

GET HIGH ON LIFE AT KITEFEST

STORY **SALLY EBERHARDT**

PIGS MIGHT FLY! WHALES IN THE SKY!

This year’s KiteFest is bigger, better and brighter than ever as a kaleidoscope of colourful kites is set to adorn the air and delight onlookers.

Kites aren’t the only stars of this show. The vivacious Emma Memma (formerly the first female Wiggle and now a star in her own right) will have the kids dancing as she headlines a program jam-packed with family fun and entertainment.

As well as world-class acrobatic kite flying, families can enjoy delicious food, market stalls, carnival rides, live music and special zones dedicated to activities for kids, including the Hot Wheels Fun Zone.



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A PICNIC IN THE PARK TO REMEMBER



HUMPYBONG PROV. SCHOOL c1888

STORY **SALLY EBERHARDT**
PHOTO **HISTORY REDCLIFFE**

REDCLIFFE IS HAVING HER 200TH BIRTHDAY – AND YOU ARE INVITED!

History Redcliffe is hosting a free family Picnic in the Park to bring the community together to celebrate our heritage, from the first inhabitants to the first Europeans to settle here to the beautiful place many of us call 'home' today.

Hark the call of the Town Crier and listen as Songwoman Maroochy Barambah delivers a Welcome to Country.

Entertainment includes roving bands, English dancers, choirs and North Pine Bush Poets who will have you laughing out loud one minute and feeling nostalgic the next. There will be activities for the children, historical displays, market stalls to browse and a range of food trucks onsite.

Secretary History Redcliffe and Event Coordinator, Rae Frawley said the day would be a wonderful family outing to mark the bicentenary of the establishment of the Redcliffe Settlement on Saturday, 14 September.



WOODY PT HALL 1930



REDCLIFFE FIRE STATION 1949



BRIDGE OVER HUMPYBONG CK c 1908



ANZAC AVENUE 1977

"It is an opportunity to enjoy the beautiful Humpybong Trail, listen to great music, be entertained and enjoy food with family and friends," Rae said.

"We should also acknowledge the establishment of the Moreton Bay Penal settlement at Red Cliff as an integral part of what, after 1859, became the colony of Queensland and after 1901, the state of Queensland.

"History Redcliffe invites you to come and commemorate with us."

An ideal family activity on the day is a walk along the beautifully landscaped Humpybong Trail. Adjacent to the Redcliffe Museum, the trail features signage sharing stories and information about the local history, first people and natural environment of Redcliffe Peninsula.

Redcliffe has come a long way in 200 years. The last 50 years have seen it grow from a somewhat sleepy seaside village into the vibrant, vital community it is today. With its beautiful beaches, thriving businesses and a multitude of facilities, it is no wonder so many people choose to live here.

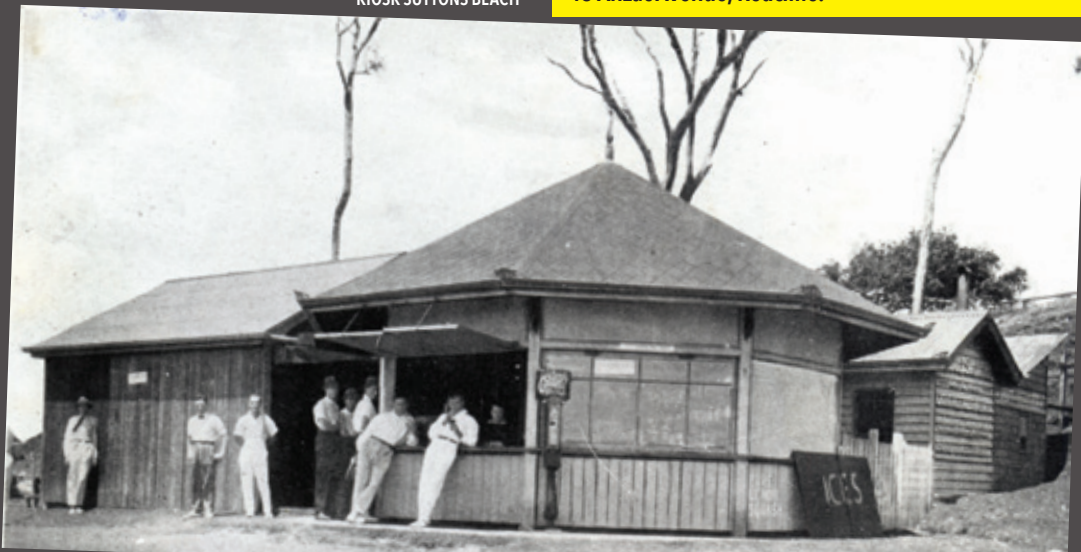
Once populated by holiday shacks, then the domain of retirees, Redcliffe has matured into a wonderful place for people at every age and stage of life.

Come and commemorate what was, and celebrate what is, and what will be.

For more information visit historyredcliffe.com.au

Redcliffe Remembers Picnic in the Park
Saturday, 14 September, 10am-3pm
Corscadden Park
45 Anzac Avenue, Redcliffe.

KIOSK SUTTONS BEACH



Redcliffe's metamorphosis from Indigenous territory to penal colony to agricultural settlement to seaside resort was swift, radical and irreversible.

Redcliffe Divisional Board 1900



REDCLIFFE'S FIRST 80 YEARS EVOLUTION OR REVOLUTION?

The Redcliffe Divisional Board had its work cut out for it. Rates and their collection were priority matters as were the provision of a

water supply and the lamentable state of the roads, bridges, drains and jetties, which was exacerbated by occasional natural disasters, such as the flooding of 1893. As time went on, the board's concerns broadened to include issues such as clearing the peninsula of noxious weeds, the possible provision of a Humpybong railway connection and "by-laws to regulate public bathing".

The board initially met in Brisbane (prompting some complaints from ratepayers that public works were, as a result, neglected and/or unsupervised). They continued this remote governance until 1893 when they began meeting in the School of Arts building at North Pine. In 1901, the board took out a loan to enable the construction of permanent premises. The new office was opened in June 1902.

The Redcliffe Divisional Board continued to operate until the Local Government Act of 1902 changed divisional boards into shire councils and the Redcliffe Shire Council came into being on 3 April 1903: the transformation from Ningi Ningi homeland to shire government had taken fewer than 80 years.

*[With thanks to MBRC
ourstory.moretonbay.qld.gov.au. Image courtesy of Moreton
Bay Regional Council, Reference number RLPC-0001000450]*

STORY **PATTIE TANCRED**

The first formal sale of crown land in the 'Redcliff [sic] Agricultural Reserve' took place on 14 July 1862 and within 20 years canny investors were starting to recognise the peninsula's potential as a seaside resort, leading to the large, formerly agricultural landholdings or "estates" being broken up and sold as smaller building allotments. The first of these, the 'Redcliffe Estate', comprising "60 magnificent marine villa sites", went under the hammer in 1881 and the 1880s land boom was underway. The next phase of development for this "really very beautiful watering place" - as described by a correspondent to the *Brisbane Courier* - had begun.

Development and population growth created a need for local government. Initially, Redcliffe was part of the Caboolture Division, one of the 73 divisions into which Queensland was divided by the Divisional Boards Act of 1879. It soon became obvious that the Caboolture Division - governed by its divisional board in Caboolture, 15 miles distant from Humpybong - was too large to be managed efficiently and residents of the peninsula began to campaign for separation from Caboolture, alleging "general neglect of their interests". After years of petitions and meetings, they were eventually successful and the Redcliffe Division came into being in 1888.



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STORY **JULIA LEWIS**

JOIN THE REDCLIFFE BLOKES BOOK CLUB: WHERE BOOKS AND BANTER MEET!

Hey blokes! If you're searching for a place to dive into books, share your thoughts and enjoy some great company, the Redcliffe Bloses Book Club at the Redcliffe Library is the perfect spot. This group gathers to discuss their latest reads and explore new ideas in a relaxed, friendly setting. The next meeting will be held on Thursday, 26 September, from 6pm to 7pm. Best of all, it's free and no booking is required – just come along and join the conversation. Redcliffe Library, 476 Oxley Avenue, Redcliffe.

For more information, visit www.moretonbay.qld.gov.au/libraries/Events/Blokes-Book-Club or call 3883 5745.

EXPLORE THE STEAM STATION

Unleash your curiosity and dive into a world of science, technology, engineering, art and maths with the STEAM Station! This exciting after-school program offers hands-on discovery for children aged 5 to 11. Join in the fun every Wednesday from 3.30pm to 4pm (excluding public holidays) to explore, create and learn in a fun and engaging environment. Upcoming sessions are scheduled for 4, 11, 18 and 25 September. The program is free, with no prior bookings required. Redcliffe Library, 476 Oxley Avenue, Redcliffe.

For more information, visit www.moretonbay.qld.gov.au/libraries/Events/STEAM-Station/Redcliffe-Wed or call 3883 5745.

CREATE YOUR OWN MOON ROBOT AT REDCLIFFE MUSEUM

Celebrate Australia's first lunar rover, Roo-ver, by crafting your own moon robot. Named through a public vote that involved 8,000 suggestions and 20,000 votes, Roo-ver is an exciting symbol of space exploration. Utilise the provided template and recycled boxes to craft your unique lunar "Roo-ver" and take home a personalised souvenir. From Saturday, 14 September to Sunday, 29 September, between 1pm and 2pm. Redcliffe Museum, 75 Anzac Avenue, Redcliffe.

For more information, visit www.moretonbay.qld.gov.au/Galleries-Museums/Events/RM/Lunar-Roo-ver or call 3480 6700

GET READY FOR TUESDAY NIGHT BINGO AT REDCLIFFE LEAGUES CLUB

Turn your Tuesday nights into a celebration with Bingo at Redcliffe Leagues Club, starting at 7pm. This isn't just a game; it's a lively evening filled with fun, laughter and the chance to win fantastic prizes. Admission is free, so you can enjoy the excitement without any cost – just bring your enthusiasm. Whether you're a bingo pro or a newcomer, everyone is welcome to join the fun. Redcliffe Leagues Club at Cnr Klingner & Ashmole Roads, Redcliffe

For more information, visit www.redcliffeleagues.com.au/home/events-entertainment/ or call 3203 7333.

ROALD DAHL LEGO BUILD AT REDCLIFFE LIBRARY

Get ready for a special Roald Dahl-themed LEGO event at the Redcliffe Library! This fun-filled session will spark creativity as kids develop their design thinking and engineering skills through exciting challenges and group builds. Meet other LEGO enthusiasts, complete engaging tasks and let your creativity shine – all under the guidance of friendly library staff. The workshops take place on Tuesday, 17 September and Tuesday, 24 September, from 3.30pm to 4.30pm for children aged 5 to 8 years. The event is free, with no bookings required. Redcliffe Library, 476 Oxley Avenue, Redcliffe.

For more information, visit www.moretonbay.qld.gov.au/libraries/Events/Roald-Dahl-LEGO-build/Roald-Dahl-LEGO-RED or call 3883 5745.

DIVE INTO GATEBALL FUN AT REDCLIFFE SHOWGROUNDS

Experience the excitement of gateball at the Redcliffe Showgrounds Sports Ground on 18 September from 1pm to 3pm. This engaging sport is easy to learn and perfect for all ages, offering a fun and social atmosphere where you can master the art of 'sparking' balls around the court. Each game lasts just half an hour and no prior experience is needed as all equipment is provided. Participants under 18 are welcome but must be accompanied by an adult.

For more information, visit www.moretonbay.qld.gov.au/Services/Sport-Recreation/Healthy-And-Active-Lifestyles/Healthy-Active-Moreton/9339-Gateball-Fun

LAUGHTER YOGA FOR WELLBEING

Feel brighter and more connected with Laughter Yoga! Sessions will be held on Wednesday, 4 September and Wednesday, 11 September from 10am to 11am. Participants under 18 are welcome but must be accompanied by an adult. The cost is \$4 per session. Bicentennial Park (Opposite Bramble Bay Bowls Club), 229 Hornibrook Esplanade, Woody Point.

For more information, call The Happydemic on 0412 742 593, email laughteryogaqld@gmail.com, or visit www.moretonbay.qld.gov.au/Services/Sport-Recreation/Healthy-And-Active-Lifestyles/Healthy-Active-Moreton/9060-Laughter-Yoga-for-Wellbeing

READY TO RIDE THE WAVE? TRY OUTRIGGER CANOEING!

Have you ever wanted to try outrigger canoeing? Join like-minded people on 15 September from 10am to 12pm for an exciting opportunity to paddle around Bramble Bay in an outrigger canoe with qualified instructors. Keep an eye out for turtles, dolphins and, with a bit of luck, dugongs. The cost is \$5.

For more information and bookings, visit aumbrc.sales.ticketsearch.com/sales/salesevent/136907

REDCLIFFE'S WALL OF FAME

2024 is the Bi-Centenary year of the establishment of Redcliffe. To celebrate those individuals and groups who have contributed to Redcliffe's development and wellbeing over the past 200 years a special ceremony acknowledging these contributions will be held on Friday, 13 September, in the Jetty Arcade on Redcliffe Parade. There are over 120 Redcliffe 'Wall of Famers' spanning the last two centuries, displayed in Jetty Arcade, and those who are able attend the ceremony will be presented with a Certificate of Fame. For those who have passed on, a relative will be invited to accept the award on their behalf. The public is invited to attend. For further information contact: Richard Lancaster on 0438 193728. Or at ricails@bigpond.com.au

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STORY **SALLY EBERHARDT**

DO THE SONGS OF GUNS N' ROSES HAVE YOU 'KNOCKIN' ON HEAVEN'S DOOR'?

Fans of Axl Rose, Slash and the rest of the band - get ready to be taken to 'Paradise City' as Redcliffe Leagues Club brings you **GUNNERS - The Guns N' Roses Show on Friday, 13 September.**

Come and experience the excitement and raw energy as Jesse Attard's voice amazes you with its uncanny resemblance to Axl Rose. All band members are seasoned professionals and deliver great performances, including Dean Blackborough as Slash.

Sing along to powerful renditions of classic hits such as Welcome to the Jungle, Live and Let Die and many more.

You'll be crying in the 'November Rain' if you miss this highly regarded tribute show. No 'Patience' needed - bring your mates and be ready to rock!

FREE show. DJ starts at 7pm. Band starts at 8.30pm.



FANCY SOME 'GOOD VIBRATIONS' FROM THE MUSIC OF THE BEACH BOYS?

For lovers of the beautiful songs of those famous California surfers - you are in for a real treat when Redcliffe Entertainment Centre brings you **The Beach Boys Experience on Friday, 13 September.**

Hark back to a time of endless sunshine, youth, freedom, young love and blissful happiness. For nearly six decades, the sounds of The Beach Boys have reflected iconic summers of surfing, the beach and pretty girls in bikinis.

Come and enjoy favourite hits like Surfin Safari, Surfin USA, Barbara Ann, California Girls and more - all performed by a talented band dedicated to replicating the unmistakable harmonies of the fabulous Beach Boys.

Tickets are \$69. Show starts at 7.30pm.

Book at www.redcliffeentertainmentcentre.com.au/Events/The-Beach-Boys-2024

DO YOU LOVE THE MUSIC OF THE 80S?

If the music of the 80s gets you going then get ready to rock at **80s Night at Bramble Bay Bowls Club on Saturday, 14 September.**

This event was so popular last time that Whiskey on the Rox have been invited back to cover the hits that pump you up. Dance and sing along to music from iconic glam rock 80s bands such as Van Halen, Bon Jovi, Def Leppard, Journey, Motley Crue and more.

Not only does this band sound the part with their talented vocals and musicians, but they dress and act the part too. 'Don't Stop Believin' as the band plays rock, then groove to 80s dance hits between sets.

Dig your lycra, leopard print and bandanas out of your closet or raid the nearest op shop for some wild 80s fashion - there are prizes for the Best Dressed Male and Best Dressed Female.

Free entry. Band plays from 7pm to late.



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A MUSICAL THAT'S OUT OF THIS WORLD

STORY **SHEREE HODDINETT**

It's been months in the making and now the production of Panic in Pipton is ready to grace the stage.

The brainchild of playwright/musical director Andrew Munslow, Panic in Pipton is an original musical production with a 'The War of the Worlds story' and is described by the team as The Secret Life of Walter Mitty meets The Night that Panicked America.

Andrew grew up listening to The War of the Worlds musical version by Jeff Wayne.

"I would turn off all the lights and in a pitch-black room listen to the story unfold to the music," Andrew said. "I've had several ideas about how to put on a War of the Worlds musical but decided to write a musical based on the real-life events that unfolded on the night that Orson Welles and the Mercury Theatre Company presented their radio version of H.G. Wells' The War of the Worlds.

"To incorporate the songs into the story, I wrote my main character, Sam, as a dreamer who drifts off into fantasy – this is when the songs are performed during the show – we are hoping to

convey this change from reality to fantasy with a combination of lights and sound and a 'tell' – something Sam does that shows the audience what they are about to see is occurring in her imagination."

Andrew wrote the musical over six months more than five years ago. It was stage manager Deb Hossack who encouraged him to dive into the creative world of both writing and starring in musicals. So, what

can audiences expect from this show?

"They will get to experience our lead character Sam's mind!" Deb said. "The show is set in a country pub the night of The War of the Worlds broadcast, however, Sam, a young dreamer, quite often drifts off into her imagination and we get to experience the songs she imagines there with her. It's a fun and different concept that will let us present a range of songs to the audience, from original works written by Andrew to popular music by ELO, Queen and more, in total 12 songs interwoven into a unique storyline. Watching the progress with each rehearsal is so exciting. We can't wait for the end product."

The show features a cast of 15, four band members (with an extra drummer helping in rehearsals) and seven in design/sound/lighting/backstage crew, plus the director and musical director.

For tickets, visit www.trybooking.com/events/landing/1167579

PANIC IN PIPTON (A WAR OF THE WORLDS MUSICAL STORY)

Friday, 13 September – Saturday, 28 September
ACT 1 Theatre
238 Gympie Road, Strathpine.

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EXCITING NEW LOOK COMING SOON //



“A Musical”

Locals and Visitors to a struggling Motel on a forgotten highway are thrown together on the Eve of War with The Martian's, or so they think. “The War or the Worlds” meets “The Secret life of Walter Mitty” in this Jukebox Musical inspired by the true events that unfolded on Sunday the 30th of October 1938 as Orson Welles and the Mercury Theatre Company Aired their version of H.G Wells “War of the Worlds” via the Columbia Broadcasting network in New York and panicked the Nation.



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SCARBOROUGH NIGHT EATS SERVES UP FUN

STORY **SALLY EBERHARDT**

Welcome to the launch of Scarborough Night Eats – a celebration of community bringing you food, music, markets and fun!

Local restaurants and food trucks will be serving a variety of dishes from savoury street eats to sweet treats to tempt your taste buds. Enjoy the ambience of being on the waterfront with live music, art and craft market stalls, and good company.

You even have the chance to win \$100 at this event which is proudly supported by Jay & Michelle Peters Properties Ray White, City of Moreton Bay, and Moreton Money.

Principal of Jay and Michelle Peters Properties, Jay Peters said that as a small business in the local area he and his wife pride themselves on supporting other local small businesses.

"We've been very inspired by what the organisers of this event have done with the Newport Markets. We are happy to be part of an event that helps more small businesses," Jay said.

"This will be the first Scarborough Night Eats and they will then run monthly."

For more information and your chance to win a \$100 Moreton Money Gift Card, search 'Scarborough Night Eats' on Facebook.

Gather friends and family for a magical evening of food, fun, and festivity!

*Scarborough Night Eats
Friday 20 September, 5pm-9pm
Scarborough Beach Park
Landsborough Avenue, Scarborough.*





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MIRACLE MUMS MOVEMENT EMPOWERS SURVIVORS OF DOMESTIC ABUSE

Lou Feltham Smith

STORY **KAREN BLEAKLEY**

The Miracle Mums Movement is transforming the lives of mums who have escaped abusive relationships. The initiative is dedicated to supporting and empowering single mothers as they create a positive future.

The new programme launching soon offers free, weekly in-person sessions on the Redcliffe Peninsula to transform your life. The pilot project has been funded by The Komo.

The project is led by Lou Feltham Smith who is Australia's head leader for Mums in Business International and the leader of the Mums in Business Moreton Bay group.

"In 2016, I escaped domestic abuse," Lou said. "When I'd left the abusive relationship, I didn't want to go back to work full-time in corporate so I decided to look for a work-from-home opportunity. I started off in a network marketing company and through this, I found Mums in Business. I loved it so much, so when the opportunity came up to be the leader of the Moreton Bay group, I jumped at the chance.

"Two years ago, I was approached to be the head leader for Australia, so now I recruit, train

and support all of the other Mums in Business leaders around Australia.

"The idea for Miracle Mums Movement was actually born four years ago. I'd gone through a lot of personal development to get myself out of the victim space and into a mindset of growth.

"I thought how great it would be if there was a service that holds your hands after you've left abuse and shows you the way so you can get out of the victim mindset and not let that abuse define you. Something to give you the opportunity to grow as a person and to create the life of your dreams.

"There was nothing like that out there, so I decided to create it."

The team is made up of survivors who have transformed their own lives and now dedicate themselves to helping others on their journey.

With expert guest speakers, a like-minded community and connections to services that can support your unique situation, participants will be surrounded by the support they need to craft a positive new beginning for their family.

To join the Miracle Mums Movement, or to get involved or donate, visit miraclemumsmovement.com

CAN YOU VOLUNTEER 1 hour per fortnight

to visit an elderly person
in your area?



The Aged Care Volunteer Visitors Scheme (ACVVS) aims to reduce feelings of social isolation and loneliness in older adults.

We recruit volunteers and match them to like-minded recipients for face-to-face social visits where the volunteer will provide companionship and friendship.



What is involved?

- 1 hour per fortnight commitment with flexible time arrangements
- Support older people to feel less lonely
- Either chat, go for a walk or complete an activity together
- Make a new genuine friendship

Email us your expression of interest to

ACVVS@footprintscommunity.org.au or call us on

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INSPIRING THE NEXT GENERATION OF MUSICIANS

STORY **PIPER ZUINO**

Australian singer-songwriter **Rick Price** is bringing his talents to Redcliffe, hosting an exclusive songwriting workshop at Team Musicare on Thursday, 12 September.

Team Musicare is a creative space for people of all abilities to embrace their love of music and express their musical talents.

The Team Musicare headquarters, based in Clontarf, is known for enriching the local artist scene with workshops from music legends, including Sarah McLeod of The Superjesus, Ian Haug from Powderfinger, Australian Idol winner Natalie Gauci, and Bob Spencer from The Angels and Skyhooks.

ARIA award-winning artist, Rick Price has recently finished his Hometown Tour, with his twelfth studio release, the Hometown album, taking audiences on a journey through his life from his childhood in country Queensland to working in the music scene in Tennessee.

"I love playing live and connecting with my audience," Rick said. "I'm so excited to be coming to Australia to share some new songs and old favourites with my friends."

Rick's passion for connection and storytelling makes him the perfect mentor for aspiring songwriters and musicians to uncover their own talent for music. His

workshop at Team Musicare is an invitation-only affair, designed to encourage close interactions and personal development in an inclusive and supportive setting.

Director of Team Musicare Dan Nebe said Rick Price's workshops were amazing for up-and-coming musicians and that the previous three sessions he held at Team Musicare were highly successful.

"We love bringing internationally reputable artists to Redcliffe to help grow culture and creativity," Dan said.

He said that the energy of participants was infectious because they gained a wealth of knowledge from the artists, as the sessions infused the community with rock 'n' roll wisdom and culture.

For those in attendance, the workshop is more than just a learning experience, it's a chance to connect with a community that values music, storytelling and being inspired by an award-winning artist like Rick Price.

Team Musicare's workshop series continues in October with filmmaker, actor and writer Pauly Fenech from comedy series Fat Pizza and Housos.

To learn more about Team Musicare, visit teammusicare.com or follow them on Facebook.



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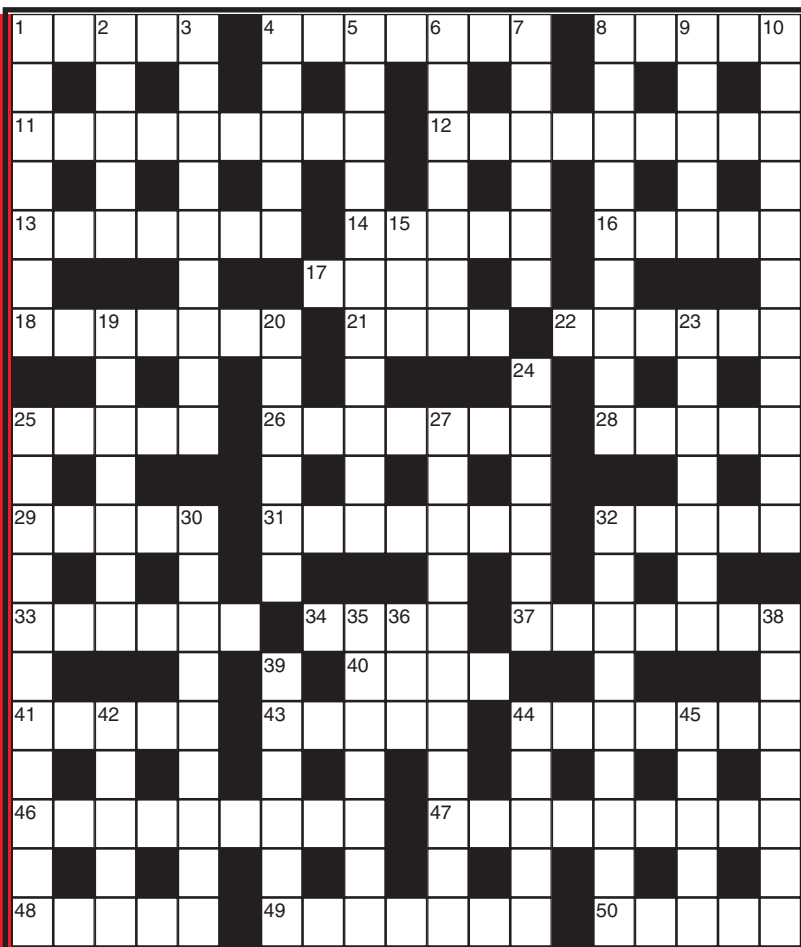
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- 4 Constructor
- 8 Synagogue official
- 11 Something built
- 12 Heavenly
- 13 Assisted
- 14 Worries
- 16 Endow
- 17 Wreaths
- 18 Australian parrot
- 21 Barrel
- 22 Increase (4,2)
- 25 Complete reversal (1-4)
- 26 Hindu sect, Hare ____
- 28 Raise objections
- 29 Thalophytes
- 31 Observe closely
- 32 Excavated
- 33 Eagerness
- 34 Cautious
- 37 Make the final row in knitting (4,3)
- 40 Cuts grass
- 41 Heathen
- 43 Diving waterbird
- 44 Blew up
- 46 Widened
- 47 Showy
- 48 Mischievous
- 49 Quietened
- 50 All

DOWN

- 1 Gloom
- 2 Gusto
- 3 Athletic contest
- 4 Leap
- 5 Useless
- 6 Noblewoman
- 7 Enjoy
- 8 Admired
- 9 Window shade
- 10 Grumpy (3-8)
- 15 Submerged valley
- 19 Astonished
- 20 Joints of the legs
- 23 Allspice
- 24 French
- 25 Not easily upset
- 27 Boxing division
- 30 Dinosaur
- 32 Make a mess of
- 35 Rectified
- 36 Plunder
- 38 Restless
- 39 Brokers
- 42 Deteriorate (2,3)
- 44 Plait
- 45 Plural of that

SOLUTION PAGE 48

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BIRD & PASSAGE PARADE,
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Abbie and Anthony starring in *Newsies*

REDCLIFFE MUSICAL THEATRE DELIGHTS LOCAL AUDIENCES

Redcliffe Musical Theatre (RMT) is set to captivate audiences with two compelling theatre productions this month, showcasing a blend of contemporary drama and classic musical flair.

Kicking off the month, RMT will present eight performances of *The Lovely Bones*, a recent stage adaptation of Alice Sebold's 2002 novel.

Running from 6 September to 15 September at Theatre 102, this powerful play delves into the emotional turmoil of a 14-year-old girl, Susie Salmon, who, after being murdered, observes from her own personal heaven as her family and friends grapple with her death and search for justice.

The adaptation, first performed in the UK in 2018, brings Sebold's haunting narrative to life with a fresh perspective.

Local talent shines through in the role of

Susie Salmon, shared by Zoe Hitchcock and Chloe Credlin.

Zoe, a Grade 11 student at Southern Cross Catholic College, has been involved with RMT and ROAR Academy since she was eight. She is currently performing as Fiona in her school's production of *Shrek* and will soon play Katherine in *Newsies JR* with ROAR Academy. She is also part of the ROAR team travelling to the Junior Theatre Festival (JTF) in Newcastle in October.

The Lovely Bones is recommended for mature audiences aged over 15 years. Book tickets at: www.trybooking.com/CUFZX

Following this poignant drama, RMT will dazzle audiences with Disney's *Newsies JR*, a condensed version of the 2012 Broadway musical inspired by the 1992 film.

This spirited show, set in turn-of-the-century New York City, follows charismatic newsboy Jack Kelly as he leads a strike against unfair conditions imposed by powerful newspaper publishers.

Jack is portrayed by Brighton resident and St Patrick's College graduate, Anthony Van Stam, who is currently studying classical voice at the Queensland Conservatorium Griffith University (The Con).

Featuring beloved songs like *Carrying the Banner*, *Seize the Day*, *Santa Fe* and *King of New York*, *Newsies JR* promises an engaging and heartwarming experience.

Disney's *Newsies JR* will be staged at the Redcliffe Entertainment Centre. Book tickets online at: www.redcliffeentertainmentcentre.com.au/Events/Newsies-Jr

The Lovely Bones

Friday, 6 September - Sunday, 15 September
Theatre 102

102 Anzac Avenue, Redcliffe.

Disney's Newsies Jr

Friday, 27 September - Sunday, 29 September
Redcliffe Entertainment Centre
Downs Street, Redcliffe.

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presents

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**NEWSIES
JR.**



BOOKWORM

BY @WATCHITWOMBAT

FRODO RETURNS TO MIDDLE EARTH... SORT OF.

Elijah Wood is back in New Zealand for his latest film *Bookworm*, but he's not the hero this time around. It's 11-year-old Mildred (Nell Fisher), whose life is just how she likes it - living a quiet existence alone in her room immersed in a book - with the occasional interruption from her Mum.

That all changes when her Mum is hospitalised and her tranquil lifestyle is interrupted by the arrival of her estranged father (Wood). The has-been illusionist has his work cut out for him when his daughter is unamused by his magical antics, but more because he's been absent from her life for the last 11 years.

To win her over, he agrees to embark on a camping trip with Mildred in search of the legendary New Zealand creature The Canterbury Panther. If they can grab footage of the mythical beast, they'll pocket a reward that will (conveniently) cover her mother's medical bills.

So, this is a kids' film, most of the time. Think *Bridge to Terabithia* meets *Hunt for the Wilderpeople*. The adventure and the performances are light and fun but occasionally some darker themes will creep in. This odd mixture of light and dark is part of what makes *Bookworm* more interesting than other kids' movies. That, and Kiwi wunderkind Nell Fisher, who at the age of 13 is familiar with dark themes herself. Having already appeared in *Evil Dead Rise* and *Stranger Things*, Fisher steals the show, delivering one droll line after another - 'cause kids are funny when they talk like old people. Think *Young Sheldon* in the woods.

It may sound like a simple story but the pace of the film is bolstered by the characters they meet along the way.

Bookworm brings enough emotion for the adults and fun for the little ones. Most of the slightly more morbid themes will go over a young kid's head, but go in knowing that some more curious kids may have questions afterwards. Please don't let that stop you though, this is a fun adventure that everyone can enjoy.

Bookworm is in Aussie cinemas now.

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MONEY TALKS

START THE CONVERSATION THIS R U OK? DAY

Melissa Meagher

STORY **KAREN BLEAKLEY**
PHOTO **JODIE MORPHETT**

R U OK? Day on Thursday, 12 September is a powerful reminder to check in with those around us. It's about encouraging meaningful conversations that can make a real difference.

With the rising cost of living, more people are feeling the weight of financial pressure, leading to increased anxiety, depression and feelings of isolation.

Money coach Melissa Meagher from Talking Money said that financial stress was often a source of shame and embarrassment, and just because somebody looked successful on the outside didn't mean they had the tools or skills to manage their money or their finances.

"One of my favourite sayings in my business is: money is the effect, not the cause," Melissa said. "We need to unpack what is causing the money issues and this comes back to our mindset and our relationship with money. It's often about our self-worth."

If you're experiencing financial strain, there are practical but simple steps you can take to regain control. Melissa offered the following tips to improve your financial wellbeing:

- Check your bank account

Avoiding your bank accounts might feel easier when you're in financial difficulty, but the numbers are just information. Understanding your current situation without judgement is the first step towards change.

- Find out how much you owe and how much you own

Take stock of your situation. Knowing where you stand helps you create a plan to move forward.

- Review what is coming in and going out

Compare your income to your outgoings.

Identifying spending habits can help you make informed choices and make adjustments.

- Know your financial commitments

Review your bills and see if there are opportunities to reduce costs by shopping around. Plan for your upcoming expenses to avoid surprises.

Financial stress can have a significant impact on our wellbeing and mental health and it's more common than you might realise.

This R U OK? Day, consider the impact that financial strain might be having on those around you. A simple conversation could be the first step in helping someone regain control of their finances and their peace of mind.

You can learn more about Melissa Meagher and how she can help you transform your relationship with money at melissameagher.com.au

REDCLIFFE MUSICAL THEATRE
PRESENTS

Magic OF Musicals

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FROZEN AND PRISCILLA QUEEN OF THE DESERT

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Navigating Good Mental Health as You Approach Retirement

Retirement, we are told, is an exciting milestone, yet it often brings about significant changes that can impact our mental well-being. Here are some tips to help you navigate this transition smoothly:

PLAN AHEAD: Start thinking about how you might want to spend your time. Having a plan can give you a sense of purpose and direction. Consider hobbies, travel, volunteering, or even part-time work.

STAY CONNECTED: Social connections are crucial so stay in touch with friends and family. Try joining local groups that interest you to meet new people.

KEEP YOUR MIND ACTIVE: Engage in activities that challenge your brain. Explore reading and puzzles or investigate group opportunities in the Redcliffe area, such as lessons in painting, or playing an instrument.

EMBRACE ROUTINE: While retirement offers more freedom, having a routine can provide structure and a sense of normalcy, especially in the first few months. Plan your days to include a mix of activities, relaxation, and social time.

STAY PHYSICALLY ACTIVE: Regular physical activity is good for both your body and mind. The Redcliffe area has great places to walk and swim, and a fantastic free laughter yoga group.

BE MINDFUL OF YOUR EMOTIONS: It's normal to have mixed feelings about retirement. Allow yourself to feel and process these emotions. If you're feeling overwhelmed, consider talking to your GP or a mental health professional.

FINANCIAL PLANNING: Financial security can greatly impact your mental well-being. Ensure you have a solid financial plan in place to reduce stress and ensure a comfortable retirement.

Many retired folks tell me they love their retirement, it just took some getting used to! If you can embrace it with an open mind, a positive attitude and a little planning, you can make this a rewarding and fulfilling experience.

Warm regards,

Tanya from Redcliffe Counselling.



Are you flying blind in your business?

Would you get in a plane or helicopter where the fuel gauge was the only instrument in the cockpit the pilot used to make decisions?



WITH BRAD FLYNN

In business, that is like trying to run a business based on a bank balance.

When you first start out in business, you can get away with it – a bit like if you learned how to hang glide.

But then as the business grows and gets more complicated, it becomes like graduating to more complex and bigger means of aviation.

Bigger and more complex planes go faster and begin to carry people as passengers.

The instrumentation and dials in the cockpit increase, so the pilot has more information to be able to make the right decisions.

Businesses are the same.

You must have quality information at hand as you carry more people and go faster, to be able to make quality decisions.

If your business crashes because of poor decisions you made, hopefully, nobody will die, but there will be casualties for all involved – the owner, staff, suppliers and customers.

What information do you have available on your business dashboard to make the best decisions possible?

For help in building your business dashboard visit www.businessmentored.com



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REDCLIFFE COUNTRY MUSIC FESTIVAL

Festival contestant (2023) Hayley Andersen.

STORY PATRICIA HIGGINS

In order to mark 40 years of country music clubs in the area, Redcliffe Country Music Club is inviting people to kick up their heels at their upcoming festival.

With a rich history that harkens back to the late 1970s and early 1980s, the local club is planning to celebrate with a wide range of entertainment offered at the Redcliffe Showgrounds, with very reasonable entry costs for attendees.

According to Kylie Edwards, Festival Committee member of Redcliffe Country Music Club, the time has come for the club to honour the past while also encouraging up-and-coming artists.

"This year, we want to celebrate the past by taking it back to a simpler time when festivals first began, with the standard senior vocal and junior vocal sections, as well as by adding a special themed section '1980's classic country'," Ms Edwards said.

She said that the entertainment at the festival would include music from contestants aged four to 94, competing in a variety of sections, including bush ballad, country rock, gospel and duo or group, but that the fun won't stop there.

"The Sunday of our festival will be our party day, where we start off with our 'anything else' section, and you might see opera, musical theatre and spoon players (last year we had a five-year-old Elvis)," Ms Edwards said.

The festival, which is all held indoors on the showgrounds in a fully licensed venue (with food choices available), culminates in a 'finals concert', where the best of the best from Saturday's heats compete to be the ultimate winner.

The Redcliffe Country Music Club is always open to new members as a welcoming space for anyone who loves to perform

or listen to country music, with a great social emphasis.

To become a member, you can attend one of the monthly socials held at Dalton Hall, Redcliffe Showgrounds, on the third Sunday of every month at 11am.

For more information on the Redcliffe Country Music Festival, including information for contestants (such as key dates and contact details) and a full list of admission prices, visit the Facebook page at www.facebook.com/ClubEvents.

Redcliffe Country Music Festival
Saturday, 14 September and Sunday, 15 September,
9am-late
Dalton Hall, Redcliffe Showgrounds
Scarborough Road, Redcliffe.

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Where:

Redcliffe Museum Precinct
45 - 75 Anzac Avenue, Redcliffe

When:

Saturday 14th September, 2024
10am to 3pm

You are **invited** to continue the bi-centennial celebrations at a free morning tea in the Heritage listed Ballroom of the Seaside Artist Gallery in the Cominos Arcade, 133 Redcliffe Parade

When: Saturday 21st September from 10am



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The Redcliffe & District Arts and Crafts Advisory Board is a not-for-profit group focused on promoting, preserving and protecting Redcliffe's rich arts and crafts culture. If you would like to join us, you would be most welcome and membership is free! Simply ring Richard Lancaster on 0438 193 728.

MORETON BAY ARTS COUNCIL

Come and join us for two informative and engaging workshops designed for artists and other creative persons who wish to enhance their social media skills. Facilitator Jen Gallagher takes you through a step-by-step guide to setting up and optimising your profile on Facebook, Instagram and YouTube.

Wednesday, 4 September and
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*For more information and to book - email info@
moretonbayartscouncil.org*

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To celebrate the founding of Redcliffe 200 years ago as the first European settlement in Queensland, our Redcliffe City Choir will be performing a uniquely brilliant concert. The choir, conducted by their enthusiastic conductor Eli Ball and accompanist Sherree Cudney, will feature works by Australian composers and arrangers including Morton, Leek, McKay, Brumby, Milliken and the Brothers Gibb

Saturday, 28 September | 3.30pm-5pm |
Redcliffe CWA Hall, 189 Redcliffe Parade,
Redcliffe | To book go to www.trybooking.com/
CTYME or purchase tickets at the door.

THE LOFT GALLERY AND COFFEE HOUSE

A uniquely beautiful art exhibition featuring the works of four outstanding

artists, Linda Brandt, Cecilia Hine, Ann Gillespie and Michelle Gratwick entitled Four Views will continue showing until Sunday, 22 September. Entry is free. Visit The Loft Gallery and Coffee House at 136 Sutton Street, Redcliffe.

ART ACADEMY

The legendary children's holiday workshops (6 years+) at the Academy are back for the 11th year.

Monday, 16 September and Wednesday,
18 September | 9.30am - 12.30pm | Art
So Lively Art Academy, Comino's Arcade
(ground floor), Redcliffe Parade, Redcliffe
| Cost: \$60 for a three-hour session
(discounts for family members). Materials
and light refreshments provided.

*Book early by calling or
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SEASIDE ARTISTS GALLERY

The Colour of Art Sound is on every Saturday from 3.30pm to 7.30pm. Come and dance while enjoying the ambience of Redcliffe's largest privately operated art gallery. Take in the stunning ocean views while enjoying a musical experience second to none, covering a host of genres. Bring your own food and drinks. It's free and open to all ages. Seaside Artists Gallery (top floor), Comino's Arcade, Redcliffe Parade, Redcliffe.

OPEN DAY

The Redcliffe Art Society and Redcliffe Potters are holding an open day, 28 September, at the Old Fire Station, 395 Oxley Avenue Redcliffe. They will showcase the classes and facilities of the two creative groups. There will be art and pottery on sale, demonstrations, art activities to try, face painting and children's activities. Members and tutors will be available to answer visitor's questions. There will be entertainment on site and food will be for sale.

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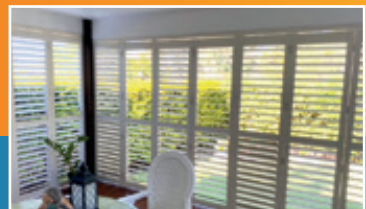
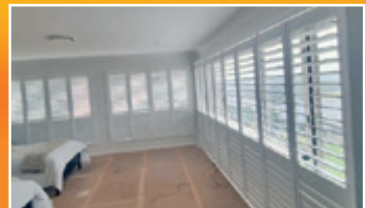
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WITH RICHARD LANCASTER

I was reminded of this, by a friend's recent dog dilemma. She was faced with a life-threatening car accident involving her precious dachshund, Lady. The initial diagnosis was serious. Lady's pelvis was broken in two places and several other serious injuries as well. If my friend decided to risk an operation, the estimated cost was a substantial and a satisfactory

outcome was not guaranteed. However, good news was on the way, a second diagnosis revealed that her leg was broken, not her pelvis. Lady's leg was operated on, and she is now progressing well.

But bad news never really goes away! My precious Staffie Mylie had recently developed a limp in her right rear leg, so off to the Vet we went. The initial diagnosis was acute arthritis, but that changed to a damaged cruciate ligament, which would require an operation.

During the next few weeks, I noticed that her injured leg had developed a large hard lump. A second round of X-rays and blood tests revealed a sinister result. It was Osteosarcoma, the medical term for bone cancer, a highly aggressive form of cancer in dogs. Now I was faced with an even more difficult decision! An operation would involve removing her leg with no guarantee that the cancer had not spread any further. I was devastated. Without therapy, Miley could live for another 2 months. With amputation, her survival may extend to 6 months, provided there were no further complications. I made the decision to give Miley the chance to live life with me for as long as she was pain free and comfortable, without the operation.

But that fateful day arrived. I could no longer ask her to continue to give me that wonderful companionship I have enjoyed with her, knowing she was bearing pain. And now, I will cry tears of sadness and later look at the urn on my dressing table, which will contain her ashes and say, "I really loved you and always will!"

MUSCLE - NATURE'S SPANX!

When you have muscle, you may weigh more on the scales, but your body is tighter, and everything fits and looks better. So, it's not weight, it's body composition.

What is Body Composition?
Body Composition is the percentage of fat, muscle, and bone in your body. Your body composition is far more important than the body weight



on the scales. It differentiates between fat mass and lean mass (muscle, bone, organs) which have different health implications.

Are you getting enough nutrition? So, what happens when we just focus on losing weight and our primary method is calorie restriction (following a very low-calorie diet) or not eating enough nutritious food? It is clear from many studies and research that if we only calorie restrict, with nothing else like lifting weights to build muscle, we will lose 25 to 50% of our weight as muscle.

Let me say that again; when we focus on weight loss and we follow a very low-calorie diet alone, 25 - 50% of weight loss is due to muscle loss!

That makes us metabolically less healthy because muscle is a glucose sink. When we feed ourselves and there's sugar circulating in our bloodstream, it is taken up by our muscle and then when we come off our crazy calorie-restricted diet the weight we gain back is 80% fat!

Want some help with this? My team can guide you all the way.



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ORGANIC GARDENING IN SEPTEMBER

STORY **SALLY EBERHARDT**

PHOTO **NONAME_13 FROM PIXABAY**

SOW YOUR HEIRLOOM VEGGIE SEEDS!

September is a beautiful time of year in the garden. The mild conditions are delightful for both you and your plants. A large range of vegetables thrive in the warming temperatures, so it's a great time to get seeds in the ground.

This year, consider sourcing 'heirloom' seeds for full-flavour produce without any 'nasties'. Heirloom varieties are old-fashioned favourites that have been passed down from generation to generation because of their high yields and deliciousness.

Unlike most commercial seeds, heirloom seeds are open-pollinated, natural, non-hybrid, chemical-free, untreated and non-GMO. They are true to type, meaning you can save seed from a plant and expect to get the same thing when you plant the seeds next season – this doesn't happen with hybrid seeds.

Warmer weather also encourages a proliferation of pests and diseases. The best defence for your plants is to keep them strong and healthy, so keep the organic fertiliser up and provide adequate water.

What to plant now – tomato, eggplant, capsicum and chilli, pumpkin, cucumber, watermelon, rockmelon, sweetcorn, okra, snake beans and rosella.

Heirloom seeds are available online – remember to source from accredited Australian suppliers. Then keep your seeds from this year's crop to sow for FREE next season!

The Redcliffe Chamber of Commerce will be holding the Business Awards at the Mon Komo on 2 November. It will be a popular event – have a look at the chamber website closer to the event to book your tickets. Our principal sponsor is Moreton Money.

The chamber continues to host workshops to enhance the business skills of our members. A workshop titled How To Launch A Successful Podcast was held on 28 August and was sold out.

There is another workshop on 10 September titled The Pitch and Presentation Bootcamp, which will be hosted by Jacqueline Brooker CSP and will provide valuable insights on enhancing your ability to generate interest, leads and revenue through effective communication – there may be some spots available. Check our website under events at redcliffepeninsulachamber.org.au/redcliffe-chamber-events-calendar/

The chamber will continue to hold workshops for members.

Although it may be too late to attend, we are holding a Members Mingle on 2 September at The Komo, who continue to be a strong and valued supporter of the Chamber of Commerce.

The AGM is being held in October. Should you be interested in being a member of the committee we always welcome individuals who want to make a difference in the business community. Contact us online at redcliffepeninsulachamber.org.au/contact-us/

City of Moreton Bay held the Moreton Bay Food and Wine Festival in late August. A very popular annual event.

The Moreton Bay Sports Centre has been approved for construction at Petrie – definitely a positive for the region. It will be an indoor stadium, which could host boxing and other indoor events during the Olympic Games in 2032. It is expected to accommodate 100,000 spectators and following the games will be available for concerts and major events.

Just a short thank you to Jodie Morphett from the Redcliffe Guide for her ongoing support of the chamber.



SANDGATE

Home Assist Secure

Security, Safety & Support in the Community

Home Assist Secure is a service for eligible older Australians who need assistance with critical home maintenance and home modifications to stay living safely in their homes.

- ✓ Specialists in Home Maintenance and Modifications
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- ✓ No joining fees



Contact us on
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to discuss your eligibility.

- ✉ admin@homeassistservices.com.au
- 🌐 homeassistservices.com.au
- 📍 58 Rainbow Street, Sandgate Q 4017



*See Rhonda
for all your
accounting
needs*



e: rhonda@redcliffeaccounting.com.au
w: www.redcliffeaccounting.com.au

Ph 07 3283 8333

Shop 4, 12 Duffield Road, Margate

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You may be able to claim a TPD (Total and Permanent Disablement) payment

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turnerfreeman.com.au
NORTH LAKES

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Freeman**
LAWYERS

A WORD FROM OUR REPRESENTATIVES

It's great to see more investment in Redcliffe. The Miles Government is partnering with the Albanese Government and City of Moreton Bay to deliver more than \$12 million for the Suttons Beach Pavilion Public Space Project.



WITH **YVETTE D'ATH MP**

It was a real blow when we lost the Pavilion after nearly 90 years serving the Peninsula. That's why I advocated so hard for this funding. I love my community and want to thank all those who took

up the fight with me.

Additionally, the Redcliffe Harness Racing Club received \$100,000 to upgrade their race day stable facilities, and Clontarf Beach SHS received more than \$260,000 for their outdoor learning area project. These investments in our recreational and educational facilities are important for our ever-growing region.

As you know, all public transport fares are now 50 cents. An adult travelling from Kippa-Ring Station to the city five days a week will save \$245 a month, or \$1470 over six months. This initiative will boost public transport usage, lower household costs and ease congestion on the roads. On the first day of the 50-cent fares, there were an extra 57,000 trips taken on public transport!

Parliament is back and it was great to spend six weeks connecting with people and working in the community.

Over July, you should have received my newest community newsletter in your mailbox. This highlighted some of our achievements as a community.



WITH **LUKE HOWARTH MP**

We also welcomed the Shadow Treasurer, Angus Taylor to Petrie to meet with financial industry stakeholders, as well as students at Mueller College and business owners in Clontarf.

I have also met with many of

You will soon be receiving Garden Organics Wheelie Bins ahead of the service commencing in December. This initiative has been a long time coming and something residents have been asking for. It will be the biggest change to household waste management since the introduction of recycling bins.



WITH **CR KARL WINCHESTER**

Council is carrying out an information campaign about how it will work and I encourage everyone to check in on what can and

can't go into the new wheelie bin. The new service will divert 15,000 tonnes of waste from landfill each year.

This month marks the Bicentennial of the founding of Redcliffe as the first European settlement of what is now Queensland. History Redcliffe is hosting a picnic in the park at the Redcliffe Museum Precinct on Saturday, 14 September.

Council will also officially unveil the Humpybong Heritage Walk project at Corscadden Park, Redcliffe. The site is on Humpybong Creek, beside the Redcliffe Museum. The renewed parkland and historical signage were delivered by Council in partnership with History Redcliffe and the Rotary Club of Redcliffe Sunrise.

you across the electorate at some of my Mobile Offices. This is always a good opportunity to hear your feedback on our community.

On Friday, 27 September at 9am, I'll be hosting another Mums and Bubs Expo at the North Lakes Town Park. Last year, this event connected local businesses, organisations and government services with young families. If you or someone you know would be interested, head to my Facebook page for more details.

Parliament has resumed for the remainder of 2024 after the winter break, so I will be travelling intermittently. You can contact me at luke.howarth.mp@aph.gov.au or (07) 3284 8008. I will continue to work hard for our community.



Signature DAY TOURS

THURSDAY 29TH AUGUST

BAYSIDE NURSEY EXTRAVAGANZA \$60.00PP
INCLUDES MORNING TEA & LUNCH

SATURDAY 21ST SEPTEMBER

CARNIVAL OF FLOWERS PARADE DAY \$70.00PP
INCLUDES MORNING TEA ONLY

MONDAY 23RD SEPTEMBER

TOOWOOMBA CARNIVAL OF FLOWERS \$95.00PP
INCLUDES MORNING TEA & LUNCH

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www.redandwhitecoaches.com.au

Red and White

Coach Australia

2024

THURSDAY 26TH SEPTEMBER

TOOWOOMBA CARNIVAL OF FLOWERS \$95.00PP
INCLUDES MORNING TEA & LUNCH

THURSDAY 24TH OCTOBER

NORTH STRADBROKE ISLAND
VIA MORETON BAY \$110.00PP
INCLUDES MORNING TEA, LUNCH & BARGE TRAVEL
(SPECIAL PICKUP TIMES APPLY)

THURSDAY 28TH NOVEMBER

MOOLOOLABA CANAL CRUISE – SEATS ARE LIMITED
FREE TIME AT CALOUNDRA RSL CLUB
INCLUDES MORNING TEA & CANAL
CRUISE ONLY \$70.00PP

email: info@rwcoaches.com.au

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AND ENQUIRIES



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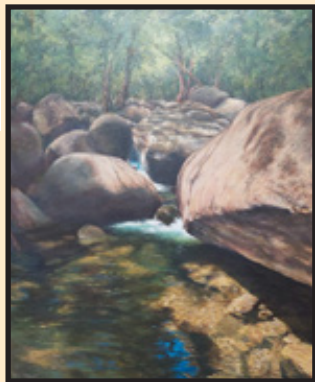
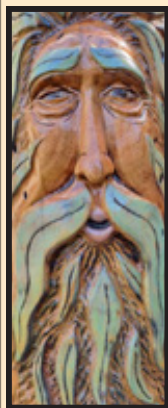
Take A Moment...

Carvings by **Ruth Culanti**

Paintings by **Kris Muscat**

4-29 September 2024

Official Opening
Saturday 7th September 1:00pm



Redcliffe Art Society Inc. The Old Fire Station, 395 Oxley Ave Redcliffe Q 4020
Gallery open from Wednesday to Sunday 10am—3pm: Entry FREE

THE RAINFOREST IS CALLING

"Sol Elements' interior will be adorned with Yakisugi," explained Bob Minnikin. "A traditional Japanese method of charring timber, giving the space a timeless, elegant aesthetic."

Featuring traditional Japanese wellness practices, including communal onsens, cold plunge pools, and sensory deprivation tanks designed to rejuvenate body and soul, guests will also enjoy infrared saunas, body clay treatments, and a Himalayan Salt Cave, each offering a unique path to

STORY **KATY MORE**

If you haven't recently visited Thunderbird Park on Mount Tamborine, now is the perfect time. Celebrating its 25th anniversary, the 114-hectare multi-award-winning destination has undergone a stunning transformation, revealing a vibrant new brand that encapsulates its growth and evolution under the stewardship of owners Bob and Judy Minnikin.

For decades, Thunderbird Park has been synonymous with adrenaline-filled activities like fossicking for thundereggs, navigating Australia's longest high ropes course, and engaging in heart-pounding laser skirmish. These attractions have made it a magnet for thrill-seekers, families, and event organisers alike. The park's accommodation offerings, formerly Cedar Creek Lodges, have been rebranded to Tamborine Mountain Glades, reflecting a broader vision that marries adventure with sophistication.

"It was time. Our facilities deserved a brand that would respect what we have become," said Judy Minnikin, encapsulating the spirit behind this rebranding.

The park has evolved into more than just a destination. Recently certified by EcoTourism Australia in the Nature Tourism category, it's an experience that balances excitement with relaxation.

Sol Elements, a cutting-edge wellness retreat, is slated to launch in December. Inspired by the Japanese Wabi Sabi philosophy, the serene haven promises to offer guests an unparalleled experience of tranquillity.

relaxation.

As Thunderbird Park embarks on this new chapter, it's clear that the rebranding is more than cosmetic—it's a redefinition of what it means to be a premier destination in Queensland. Whether you're seeking thrills, peace, or a combination of both, Thunderbird Park's newly branded offerings promise an unforgettable experience, inviting visitors to discover the perfect balance between adventure and relaxation.

For more information visit tamborinemountainglades.com.au

#tamborinemountainglades
@tamborinemountainglades



THAT DIGGER BLOKE

Welcome to That Digger Bloke - your mini earthworks go-to!

With a trusty **mini tipper**, **husky skid steer**, and a **nimble 1.7-tonne excavator** in tow, we specialise in making big things happen in tight spaces.

Whether you're prepping your yard for a fresh layer of turf, carving out a new driveway, digging a pool, or giving your garden a landscape makeover, we're on it!

We're experts at squeezing under houses, maneuvering between narrow fences, and even augering holes for those new posts and fences.

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THATDIGGERBLOKE.COM.AU





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OPEN DAYS

Tuesday 10am - 4pm
 Wednesday 10am - 4pm
 Thursday 10am - 6pm
 Friday 10am - 4pm
 Saturday 10am - 4pm
 Sunday 10am - 2pm

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THE MILES GOVERNMENT HAS DELIVERED

 At least **\$1,300 off your power bill.**

 **20% off your rego** for all cars.

 **50 cent** public transport fares.

 **\$200 sport vouchers** for all kids.

 **Stamp duty scrapped** for more first homeowners.



YVETTE D'ATH MP

STATE MEMBER FOR REDCLIFFE

SEPTEMBER TIDE TIMES

TIME	M	TIME	M	TIME	M	TIME	M	TIME	M
1	0256 0.52 0832 1.80 SU 1430 0.44 2050 2.37	7	0541 0.45 1149 2.04 SA 1758 0.67 2345 1.97	13	0445 1.45 1041 0.70 FR 1743 2.12	19	0425 0.18 1015 2.29 TH 1630 0.23 2229 2.46	25	0245 1.41 0834 0.69 WE 1544 2.09 ☉ 2300 0.83
2	0330 0.50 0908 1.87 MO 1508 0.42 2124 2.36	8	0607 0.49 1225 2.01 SU 1835 0.78	14	0037 0.74 0602 1.58 SA 1156 0.58 1844 2.29	20	0500 0.18 1100 2.36 FR 1718 0.32 2309 2.27	26	0430 1.39 1002 0.76 TH 1702 2.09
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5	0450 0.45 1043 2.01 TH 1648 0.50 2249 2.21	11	0141 1.51 0759 0.70 WE 1501 1.92 ☉ 2147 0.99	17	0305 0.31 0843 2.05 TU 1451 0.24 2106 2.60	23	0034 1.79 0647 0.42 MO 1327 2.26 2004 0.77	29	0145 0.55 0730 1.79 SU 1326 0.55 1941 2.23
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DON'T BE A TANK TIPPER!

Unfortunately, our local creeks and ponds are full of feral fish species and aquatic weeds. Most of these have been released by people or overflowed from ponds in heavy rain.

Your local creek or pond is not the place to dump unwanted aquarium fish, weeds or snails. They could introduce diseases into the environment. They also compete for food, eat juvenile native fish and eggs, uproot and eat plants and can completely take over waterways, leaving virtually no native fish at all. Humpybong Creek and Dowse Lagoon are prime examples of areas where feral fish have taken over.

You should rehome your fish by:

- Taking them to your local aquarium specialty store or pet shop
- Giving them away to a friend
- Advertising them for free on social media.

Consider stocking one of the many interesting and colourful species of native Australian fish in your aquariums and ponds. They present less risk to our environment if they escape during flooding events.

FISH OF THE MONTH



"Pete's Fishing and Underwater Videos" on Youtube and Facebook

Seafood Town Cafe

A Great Place to enjoy Great Seafood With a Beer
or a Wine and a view over Bramble Bay

Fresh and Cooked Seafood · Dine In or Take Away · Licenced

Trading Hours - Open 7 days 11am - 7pm

14 Oxley Ave Woody Point
Phone 31422057



Gary and Vanessa



Local DINING GUIDE



ANCHORAGE BAKERY & CAFE

141/145 Griffith Road
Newport

Bakery & Cafe

Ph 3880 3601

Feature: Anchorage Bakery & Cafe is a locally owned and family operated business offering a range of freshly baked bread, pastries, sweets, sandwiches, wraps, a full menu, catering and much more. Freshly brewed coffee dine in or takeaway. We're more than just a bakery.



BANJO'S BAKERY CAFÉ

161 Redcliffe Pde, Redcliffe

Bakery Café

Ph 3284 0166

Feature: Grab 3 Small Savouries for just \$7.95 or one of our many great deals at Banjo's Redcliffe!

In a rush? Skip the queue with the Banjo's Ordering App! Available in the App store and Google Play.

Delicious and made in Redcliffe. Pies, pastries, sweets, sandwiches and coffee. Breakfast, lunch or a treat anytime. Dine in or take-away.



BAY BOATS

439 Scarborough Road
Scarborough

Fish & Chips/Burgers

Ph 3203 5033

Feature: Famous for our great range of tasty seafood, burgers with homemade burger patties, hot crispy chips locals love and customers come from far far away to enjoy. Not to mention fresh sandwiches, great coffee and good old-fashioned milkshakes. Is that chicken or plain salt?



BAY WOK MULTIASIAN

2/150 Maine Road
Clontarf

Asian Cuisine

Ph 38256688 / 0403830037

Feature: Stella & Jack have been in Australia for over 35 years. Bay Wok Multi Asian Restaurant returns to dazzle your taste buds. Formerly at Bramble Bay Bowls Club, now we're back to the neighbourhood, and we're better than ever. Explore our unbeatable Asian cuisine and savour the best of Australian meals. Lunch specials available & offer BYO wine. Open Mon to Sat for Lunch and Dinner 10:30am-2pm and 4:30am-8pm (8:30pm on Fri & Sat)





165 Redcliffe Pde, Redcliffe

Tex Mex

Ph 3284 7990

CACTUS JACK'S

Feature: Great steaks, sizzling Fajitas & authentic Mexican. Served with a full cocktail menu and local beers on tap.

Open Tuesday – Thursday from 5pm – late
Friday – Sunday from 11am – late



Shop 7/14 Oxley Avenue,
Woody Point

Café

Ph 3385 5394

CAFÉ 3EIGHTNINE

Feature: Located directly opposite the Woody Point Jetty, Café 3Eightnine Woody Point boasts an uninterrupted 230-degree view of the magnificent Bramble Bay. Since 2018, our Café has been a culinary gem offering a wide range of all-day breakfast, lunch and beverages loved by locals, tourists and cyclists. Open 365 days from 6am to 2pm we are pet friendly, and available on UberEats & DoorDash.



Kippa-Ring Shopping
Centre

Café

Ph 3283 4739

THE COFFEE CLUB KIPPA-RING

Feature: At The Coffee Club Kippa-Ring you can enjoy your favourite cafe meals and great coffee all day, every day. Open from 7:30am-5:30pm weekdays, late Thursday 7pm, and 8am-4pm weekends. So Meet You at The Coffee Club Kippa-Ring.



184 Hornibrook Esplanade,
Clontarf

Fish & Chips

Ph 3283 1618

FISH'N AT BELLS BEACH

Feature: Here at Fish'n at Bells Beach we cook kiwi style fish and chips, mouthwatering homemade hamburgers, hand cut calamari, ice cream, coffee, cakes and a heap of treats from NZ including Paua and Kina. With views over Moreton Bay in Clontarf.



Local DINING GUIDE



Cnr Hornibrook Espl &
Victoria Ave, Woody Point

Restaurant

Ph 0433 428 168

GOLDEN BITE RESTAURANT

Feature: Located at the Bramble Bay Bowls Club, our menu includes a variety of cuisines from Asia and locally. If you're looking for great food, takeaway and party events give us a call. We have over 40 years of local and International experience. *Lunch specials available.

Open Tue to Sun for Lunch and Dinner
11.30am-2pm and 5.30pm-8.30pm



THE LOFT
GALLERY & COFFEE HOUSE

136 Sutton Street, Redcliffe

Cafe & Art Gallery

Ph 0405135386

THE LOFT GALLERY & COFFEE HOUSE

Feature: The Loft, a vibrant Cafe & Art Gallery in Redcliffe, boasting stunning views of the Jetty. Featuring diverse exhibitions and a tempting menu, it offers a welcoming ambiance for art lovers and those seeking a cozy spot to work or dine

www.theloftgalleryandcoffeehouse.com
info@theloftgalleryandcoffeehouse.com



Bird O'Passage
Pde, Scarborough

Steak and Seafood

Ph 3203 5188

MORETON BAY BOAT CLUB

Feature: Seafood restaurant overlooking Scarborough Harbour. Live music Friday nights & Sunday afternoons. See our website for opening times & specials.



Bird O'Passage Parade,
Scarborough

Fresh Seafood & Takeaway

Ph 3203 4592

MORGANS SEAFOOD

Feature: Morgans Seafood is the best place to enjoy seafood in Brisbane. Morgans are uniquely located right on the stunning Scarborough Boat Harbour dotted with luxury yachts, pleasure craft and commercial trawl fishing boats, and overlooks Moreton Bay and the Glasshouse Mountains. Fully licensed.





155 Redcliffe Pde, Redcliffe

**Modern Australian
& Mediterranean**

Ph 3284 2986

PREECE'S AT THE JETTY

Feature: We have the BEST Vanilla Slice in Queensland. All cakes, biscuits, slices & ice cream are homemade. Fabulous seaside location. Come in and enjoy the views with a fabulous coffee and cake or lunch.

Mon-Sun: 5.30am - 3pm



Bird O'Passage Parade,
Scarborough

Craft Brewery & Restaurant

Ph 1800 727 104

SCARBOROUGH HARBOUR BREWING CO.

Feature: Scarborough Harbour Brewing Co. is a two level venue overlooking the beautiful harbour from both levels. We brew our craft beers onsite. Wine, cocktails, spirits and delicious food also available.
Upper Deck - Wed to Sun 11am til late
The Engine Room - Wed to Fri 4pm to late
- Sat & Sun 11am to late



Reef Point Esp,
Scarborough
(situated behind caravan
park)

Modern Australian

Ph 3880 4456

SEA SALT AND VINE

Feature: Sea Salt & Vine has one of the best locations on the peninsula overlooking the Glass House Mountains. A family & doggy friendly place to enjoy a tasty breakfast or lunch, or just a quiet coffee & cake served in our tranquil café setting under the trees. We are also happy to accommodate large bookings for your special family gathering & are fully licenced & offer BYO Wine. Open 7 days, 7am to 4pm.



141 Sutton Street, Redcliffe

Japanese, Sushi

Ph 3283 8188

SUSHI CENTRAL

Feature: Want to experience an amazing time with astonishing flavours? Come to Sushi Central at 141 Sutton Street Redcliffe and purchase a variety of products that cater to all your eating desires. Join us on Monday night and Tuesday for our \$3.50 specials. Open 7 days for lunch and dinner.



Local DINING GUIDE

THAI HUT

Shop 3/265 Oxley Avenue,
Margate

Thai Restaurant

Ph 3284 5962

THAI HUT

Feature: Thai Hut has been on the Redcliffe Peninsula for over nineteen years. We reopened in August 2017 back to where we first started in 2000. Thai Hut cooks authentic Thai food.

Thai Hut Margate
Takeaway
Home Delivery \$5
Phone 3284 5962



**ADVERTISE
YOUR CAFÉ OR RESTAURANT**
FROM \$90+GST | PHONE: 07 3518 0828



SEPTEMBER What's On.

01 SUNDAY

🎵 September 1 @ 11:00 am - 3:00 pm
REDCLIFFE RSL

Spend your Sundays at Redcliffe RSL with a wonderful day of live music, delicious food, and a fun, family-friendly atmosphere.

🎵 September 1 @ 2:30 pm - 5:00 pm
SUNDAYS

Moreton Bay Boat Club
Cap off your weekends with a relaxing Sunday afternoon at Moreton Bay Boat Club.

03 TUESDAY

🎵 September 3 @ 11:00 am -
September 5 @ 2:00 pm

WEEKDAY MUSIC

Redcliffe Leagues Club
Head to Redcliffe Leagues Club on Tuesdays, Wednesdays and Thursdays for a delightful lineup of live music performances!

04 WEDNESDAY

🎵 September 4 @ 11:00 am -
September 5 @ 3:00 pm

WEDNESDAY & THURSDAY LIVE MUSIC LUNCH

Redcliffe RSL

🎯 September 4 @ 7:00 pm - 9:00 pm
MUSICAL BINGO | Bramble Bay Bowls Club
Free

05 THURSDAY

📌 September 5 @ 6:30 pm - 9:30 pm
ROSIE'S KARAOKE THURSDAYS
Bramble Bay Bowls Club

06 FRIDAY

🎵 September 6 @ 11:00 am - 10:00 pm
FRIDAY ENTERTAINMENT
Redcliffe RSL
Enjoy live music from 11am to 3pm,
and again from 6pm to 10pm.

🎵 September 6 @ 11:00 am -
September 7 @ 11:00 pm
FRIDAYS & SATURDAYS
Redcliffe Leagues Club

🎵 September 6 @ 7:00 pm - 11:30 pm
MORETON BAY BOAT CLUB

🎵 September 6 @ 7:00 pm -
September 8 @ 5:00 pm
WEEKEND LIVE MUSIC
Bramble Bay Bowls Club

07 SATURDAY

★ **JUNIOR ANGLER COMPETITION**
Moreton Island -
Open for all school aged children. The event
is on Saturday 7th September and is held
at Tangalooma Beach to Cowan Point on
Moreton Island. Cost is \$35.00 for all day.
For further details go to the Junior Anglers
Association Facebook page.

🎵 September 7 @ 11:00 am - 11:00 pm
REDCLIFFE RSL - Live Music

08 SUNDAY

🎵 September 8 @ 11:00 am - 3:00 pm
REDCLIFFE RSL - Live Music

🎵 September 8 @ 2:30 pm - 5:00 pm
SUNDAY LIVE MUSIC
Moreton Bay Boat Club

10 TUESDAY

🎵 September 10 @ 11:00 am -
September 12 @ 2:00 pm
WEEKDAY MUSIC
Redcliffe Leagues Club

11 WEDNESDAY

🎵 September 11 @ 11:00 am -
September 12 @ 3:00 pm
WEDNESDAY & THURSDAY LIVE MUSIC LUNCH
Redcliffe RSL

★ September 11 @ 6:00 pm - 9:00 pm
GRACE ACADEMY MUSIC GALA 2024
Redcliffe Entertainment Centre
Enjoy an evening of musical entertainment
at the Grace Academy Music Gala. From
orchestras to jazz ensembles, choirs to
chamber music, join us as our talented
students showcase their hard work and
passion on the Redcliffe Entertainment Centre
stage. There will be a range of performance
styles with something to suit everyone!

📌 September 11 @ 7:00 pm - 9:00 pm
MUSICAL BINGO
Bramble Bay Bowls Club

12 THURSDAY

📌 September 12 @ 6:30 pm - 9:30 pm
ROSIE'S KARAOKE THURSDAYS
Bramble Bay Bowls Club

13 FRIDAY

🎵 September 13 @ 11:00 am - 10:00 pm
FRIDAY LIVE ENTERTAINMENT
Redcliffe RSL

🎵 September 13 @ 11:00 am -
September 14 @ 11:00 pm
FRIDAYS & SATURDAYS
Redcliffe Leagues Club
Live Music

🎵 September 13 @ 7:00 pm - 11:30 pm
FRIDAY LIVE MUSIC
Moreton Bay Boat Club

🎵 September 13 @ 7:00 pm -
September 15 @ 5:00 pm
WEEKEND LIVE MUSIC
Bramble Bay Bowls Club

★ September 13 @ 7:30 pm - 9:30 pm
THE BEACH BOYS EXPERIENCE
Redcliffe Entertainment Centre
Pick up some Good Vibrations at this unforgettable celebration dedicated to the music of The Beach Boys. For nearly 60 years, the Beach Boys have embodied summertime. Sun, surfing, the beach, pretty girls in bikinis, driving with the top down.

14 SATURDAY

🎵 September 14 @ 11:00 am - 11:00 pm
SATURDAY LIVE MUSIC
Redcliffe RSL

15 SUNDAY

🎵 September 15 @ 11:00 am - 3:00 pm
LIVE MUSIC
Redcliffe RSL

🎵 September 15 @ 2:30 pm - 5:00 pm
SUNDAY LIVE MUSIC
Moreton Bay Boat Club

17 TUESDAY

★ September 17 @ 11:00 am - 11:45 am
THE MAGNIFICENT BUBBLE SHOW
Redcliffe Entertainment Centre
Everyone loves bubbles! See some of the most amazing bubbles imaginable, from tiny little specks to giants so big you could be enveloped by them! Witness a bubble volcano on your hand, space rocket bubbles, smoke bubbles and so much more!

🎵 September 17 @ 11:00 am -
September 19 @ 2:00 pm
WEEKDAY MUSIC
Redcliffe Leagues Club

18 WEDNESDAY

🎵 September 18 @ 11:00 am -
September 19 @ 3:00 pm
WEDNESDAY & THURSDAY LIVE MUSIC LUNCH
Redcliffe RSL

🎯 September 18 @ 7:00 pm - 9:00 pm
MUSICAL BINGO | Bramble Bay Bowls Club

★ September 18 @ 7:30 pm - 10:00 pm
MUSIC OF THE NIGHT, A CELEBRATION OF MUSICALS
Redcliffe Entertainment Centre
Music of the Night- Australia's Premier Tribute to Andrew Lloyd Webber and the West End Musicals is definitely one of a kind and thrilling audiences all over Australia. The genius and power of Sir Andrew Lloyd Webber certainly comes to life in this amazing stage show wowing audiences all over Australia!

19 THURSDAY

★ September 19 @ 2:00 pm -
September 20 @ 4:30 pm
MUSIC OF THE NIGHT, A CELEBRATION OF MUSICALS
Redcliffe Entertainment Centre
Music of the Night- Australia's Premier Tribute to Andrew Lloyd Webber and the West End Musicals is definitely one of a kind and thrilling audiences all over Australia. The genius and power of Sir Andrew Lloyd Webber certainly comes to life in this amazing stage show wowing audiences all over Australia!

🎯 September 19 @ 6:30 pm - 9:30 pm
ROSIE'S KARAOKE THURSDAYS |
Bramble Bay Bowls Club

20 FRIDAY

🎵 September 20 @ 11:00 am - 10:00 pm
FRIDAY LIVE ENTERTAINMENT
Redcliffe RSL

🎵 September 20 @ 11:00 am -
September 21 @ 11:00 pm
FRIDAYS & SATURDAYS LIVE MUSIC
Redcliffe Leagues Club

🎵 September 20 @ 7:00 pm - 11:30 pm
FRIDAY LIVE MUSIC
Moreton Bay Boat Club

🎵 September 20 @ 7:00 pm -
September 22 @ 5:00 pm
WEEKEND LIVE MUSIC
Bramble Bay Bowls Club

★ September 20 @ 7:30 pm - 9:30 pm
**MARK ANTHONY -
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Redcliffe Entertainment Centre
Come and relive and experience what it
would have been like to see Elvis Presley Live
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Anthony who has been regarded as the very
best Elvis Presley Tribute artist in the World
today.

21 SATURDAY

🎵 September 21 @ 11:00 am - 11:00 pm
SATURDAY LIVE MUSIC
Redcliffe RSL

22 SUNDAY

🎵 September 22 @ 11:00 am - 3:00 pm
LIVE MUSIC
Redcliffe RSL

🎵 September 22 @ 2:30 pm - 5:00 pm
SUNDAY LIVE MUSIC
Moreton Bay Boat Club

24 TUESDAY

🎵 September 24 @ 11:00 am -
September 26 @ 2:00 pm
WEEKDAY LIVE MUSIC
Redcliffe Leagues Club -
Tuesday and Wednesday

25 WEDNESDAY

🎵 September 25 @ 11:00 am -
September 26 @ 3:00 pm
WEDNESDAY & THURSDAY LIVE MUSIC
Redcliffe RSL

🎵 September 25 @ 7:00 pm - 9:00 pm
MUSICAL BINGO
Bramble Bay Bowls Club

26 THURSDAY

🎵 September 26 @ 6:30 pm - 9:30 pm
ROSIES KARAOKE THURSDAYS
Bramble Bay Bowls Club

27 FRIDAY

🎵 September 27 @ 11:00 am - 10:00 pm
FRIDAY LIVE ENTERTAINMENT
Redcliffe RSL

🎵 September 27 @ 11:00 am -
September 28 @ 11:00 pm
FRIDAYS & SATURDAYS LIVE MUSIC ALL WEEKEND
Redcliffe Leagues Club

🎵 September 27 @ 7:00 pm - 11:30 pm
FRIDAY LIVE MUSIC
Moreton Bay Boat Club

🎵 September 27 @ 7:00 pm -
September 29 @ 5:00 pm
ALL WEEKEND LIVE MUSIC
Bramble Bay Bowls Club

28 SATURDAY

🎵 September 28 @ 11:00 am - 11:00 pm
SATURDAY LIVE MUSIC
Redcliffe RSL

29 SUNDAY

🎵 September 29 @ 11:00 am - 3:00 pm
LIVE ENTERTAINMENT
Redcliffe RSL

🎵 September 29 @ 2:30 pm - 5:00 pm
SUNDAY LIVE MUSIC
Moreton Bay Boat Club

PODCAST OF THE MONTH

ESCAPE THIS PODCAST

STORY **NICK ALLFORD**

I thought I'd heard it all (at least when it came to podcasts).

We've covered every genre you can think of – true crime, fiction, mystery, comedy, film and more film. However, after much rummaging around on Spotify, I've found something new – an escape room podcast – aptly named...Escape This Podcast.

What's that I hear you say? Escape rooms are predominantly a visual medium! I would have agreed with you until my curiosity got the better of me. Please keep in mind that in search of recommendations for you, I have to listen to a few frogs before I can find my podcast prince.

Aussie comedians Dani and Bill invite guests to enter a world of make-believe, solve riddles and beat the clock. It's like Dungeons and Dragons, except the dungeon is locked and you have to find the key in a combination lock in a bathroom cabinet.

If you'd like to try their escape rooms out for yourself, Dani and Bill are generous enough to share their notes, script and clues in the podcast show notes so you can put your mates to the test. Lovers of puzzles and humour – this is the escapism you need.

Escape This Podcast is available wherever you find your podcasts.



An increasing number of people today, tired of working for a boss, opt-out and decide to go into business for themselves. Most start with limited capital and very little research into the business that they are venturing into. Sadly, many fail and vow never to work for themselves again. More's the pity, for if they had more fully prepared themselves first, their business path could have been much smoother.

Business investigator, author and speaker Tamara Simon has just launched a most useful book on solving business problems, which is designed to help new and existing businesses become more profitable and easier to manage. Intriguingly titled *5 Little Business Pigs*, she has packed the 270-page book with business advice she has learned from 20 years of experience in helping business owners build profitable businesses.

She poses and answers questions such as, "Do you, at times, feel frustrated, confused and overwhelmed with business problems?" Or, "Do you want clarity in your business?" Or, "Do you want to have more time and earn more money from your business?"

These questions and many more are answered succinctly in the book. To prove the point, there are three pages devoted to testimonials from grateful business owners who have benefitted from Tamara Simon's business acumen.

The book is available from Amazon and from www.tamarasimon.com.au/Book where you can read the first three chapters for free and then purchase a personalised copy of the book for \$27, including postage.





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Worldly and business savvy, Heather brings a heartfelt yet common-sense approach to property. She's a familiar face with a wealth of industry knowledge and bold ideas for her refreshing new brand. It's boutique, wholesome and a novel real estate experience without complexities.

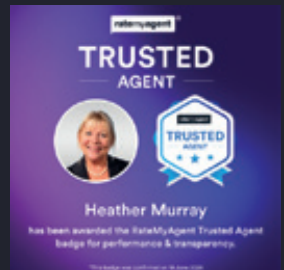
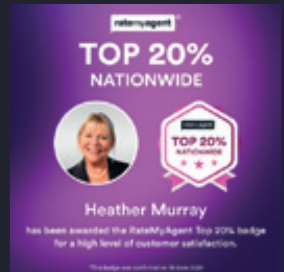
Throughout her extensive real estate career, Heather has established a solid network of repeat clientele and a robust reputation for her consistency, forthright approach with third parties, and authentic client interactions. Grounded with a mature grasp of the current environment, she's as inspirational and genuine as she is professional.

Heather is highly invested in understanding every client's circumstances and is an unwavering advocate for the mental and financial well-being of those more mature. In addition to her exclusive marketing benefits for seniors and carers, she's committed to providing clear, well-researched advice to ensure well-informed decisions are made. There's nothing more rewarding than seeing her clients thrive after they've moved into new surroundings or on to new beginnings. Heather is dedicated to delivering a wholesome client experience from beginning to end.

An award-winning agent, Heather is proud to have received the real estate industry's prestigious A-List Award in both 2015 and 2017. She also secured the Rate My Agent, Agent of the Year Award in 2022 for Clontarf, Margate and Woody Point and in 2023 for Redcliffe, Margate and Woody Point.

Having serviced these areas for many years, Heather has an intimate and comprehensive knowledge of the local community, it's amenities, residential properties and nearby infrastructure.

Heather's sense of adventure precedes her as much as her love for dogs. An instructor at the Caboolture Dog Obedience Club, she has trained and competitively trialled Border Collies and Labradors for over 30 years.



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1. Wipe the hearing aids with cleaning wipes.
2. If your hearing aids are fitted with wax filters, replace them regularly.
3. Some hearing aids and ear moulds are fitted with air vents. The vent size is usually small and can be easily blocked. Inserting a cleaning wire or using an air blower will unblock the air vent.
4. Purchase a D-Dryer device equipped with a UV light to kill the germs on your hearing aid's surface and to remove moisture.



If poor hearing aid sound quality persists, an ear canal inspection will rule out an earwax blockage. We provide earwax management services if needed. A hearing aid performance test can determine if your hearing aid settings need to be adjusted to enhance sound quality.

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